

#### Introduction

This book is a reference and illustrated guide to the major organs of the human body. I continue to receive suggestions and feedback in reference to these books and I cannot stress how valuable these are to me. I feel with each book a new level is reached and this is due to constant vigilance. You, who write to me, shape the order of future titles and change the format of the books, so please keep this up!!! It is hoped this book will form another valuable chapter in the A to Z story. Human mechanics is a beautiful thing.

The A to Zs may be viewed on 2 sites -

www.amandasatoz.com and http://www.aspenpharma.com.au/atlas/student.htm Feedback may be left at anatomy.undate@gmail.com / medicalamanda@gmail.com

anatomy.update@gmail.com / medicalamanda@gmail.com and it is always appreciated.

# Acknowledgement

Thank you Aspenpharmacare Australia for your support and assistance in this valuable project, particularly Mr. Greg Lan, CEO of Aspenpharmacare Australia, Rob Koster and Richard Clement.

#### **Dedication**

To those who — don't lock themselves in; those not goal orientated but life orientated and to Paul who did not live to see all of 2013 but who did live every moment. I wish I had dedicated a book to him before it was too late. To whom will I give my 1st A to Z now?

#### How to use this book

The format of this A to Z book has been maintained. The first section - The Cell lists the cell's major organelles, processes & types in the A to Z way. The second section lists the major organs. So as usual *think of it and then find it* is the motto of *the A to Zs* and continues to be the structure behind the book. How are the major organs considered? First as an organ as a whole; a macroscopic structure, then as a group of organized cells, an histological view and then as a machine doing a specific task, where it is illustrated as a schema. This subject is so large that it was not possible to include everything — good editing cannot be over-rated. So the reproductive organs have been omitted and will be dealt with in their own A to Z, and additional information may found in *the A to Z of the Brain and Cranial Nerves*, *the A to Z of the Heart*, *the A to Z of the Digestive Tract*, and *the A to Z of Hair*, *Nails & Skin* in particular, but as with all *the A to Zs* this book is complete unto itself.

Thank you

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# **Abbreviations**

а = artery Cr = cranial = anastomosis (ses) aa CT connective tissue АΑ = amino acid CVS = cardiovascular system Ab = antibody DCT = distal convoluted tubules ACTH = adrenocorticotropic hormone / DNA = deoxyribonucleic acid adrenal cortical hormone DT = digestive tract ADH = antidiuretic hormone diff. = difference(s) adi. = adiective dist. = distal ADP = adenosine diphosphate DM = dura mater Αa = antigen DΤ = digestive tract AKA = also known as F = energy alt = alternative e.a. = example AMP = adenosine monophosphate EAM = external acoustic meatus ANS = autonomic nervous system EAS = external anal sphincter ant. = anterior ec extracellular (outside the cell) ΔS = Alternative Spelling, generally ext. = extensor (as in muscle to extend referring to the diff. b/n British & across a joint) American spelling GA Golgi apparatus ATP = adenosine triphosphate GALT = gut associated lymphoid tissue R = blood GB = gall bladder hh hasal bodies GH = growth hormone bc = because GIT = gastro-intestinal tract BF = blood flow Gk. = Greek BM = basement membrane / GM arev matter hasal lamina / terminal lamina ald = gland b/n = between н = hormone RΡ = blood pressure H&E = haematoxylin & eosin = branch hr ΗP high pressure BS Blood Supply IAM = internal acoustic meatus CC = cerebral cortex IAS = internal anal sphincter c.f. = compared to ic = intracellular (inside the cell) CH = cerebral henispheres Jc iunctional complex = corpus luteum CL it(s) = ioints = articulations CM = cellular membrane / plasma ı = lumbar / left membrane L&R = left and right CN = cranial nerve LI = large intestine CNS = central nervous system lig = ligament CO = cardiac output ΙP = lamina propria Co = coccydeal LT lymphoid tissue CP = cervical plexus

Lt.

= Latin

collat.= collateral

LIF = left iliac fossa

LP = lamina propria

LUQ = left upper quadrant

LV = left ventricle

m = muscle
med. = medial

mem = membrane

mito = mitochondrium (a)

mm = mucus membrane

m-RNA = messenger RNA

mv = microvillus (i)

N(s) = nerve(s)

NAD = normal (size, shape)

NAD = no abnormality detected

NM = nuclear membrane /

nucleolemma

NR = nerve root origin
NS = nerve supply / nervous system

- Herve supply / Hervous

NT = nervous tissue

nv = neurovascular bundle

PAS = periodic acid-schiff stain

PCT = proximal convoluted tubules

pl. = plural

PN = peripheral nerve

post. = posterior

proc. = process

prox. = proximal

RA = right atrium

R = right / resistance

RIF = right iliac fossa

RNA = ribonucleic acid

rRNA = ribosomal RNA

**RUQ** = right upper quadrant

RV = right ventricle

SC = spinal cord

SI = small intestine

sing. = singular

SN = spinal nerve

SP = sacral plexus

SS = signs and symptoms

**subcut.** = subcutaneous (just under the skin)

supf = superficial

SVC = superior vena cava

T = thoracic / tissue

T3 = tri-iodothyronine

T4 = thyroxine

TNF = tumour necrosis factor

t-RNA = transfer RNA / transport RNA

**TSH** = thyroid stimulating hormone /

thyrotropic hormone

tw = terminal web

V = vein

 $\mathbf{v}$  = very

WM = white matter

w/n = within

w/o = without

wrt = with respect to

ZA = zonula adherens

**ZO** = zonula occludens / tight junction

& = and

∩ = intersection with

# Common terms used to describe Organs

#### Α

Adenoid glandular

**Alveolus** air filled cavity e.g. tooth socket *adj. alveolar* (as in air filled bone in the Maxilla).

Anions negatively charged atoms or radicals e.g. C1-, OH-

Annulus fibrosis the peripheral fibrous ring around the intervertebral disc.

Aperture an opening or space between bones or within a bone.

**Apocrine** secretions which take off the cytoplasm of the apex of the cell as well

Areola small, open spaces as in the areolar part of the Maxilla may lead or develop into sinuses.

**Arytenoid** ladle or pitcher (arytenoid cartilages move in and out like ladle with changing sounds).

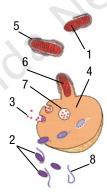
Atrium waiting room,

Attrition tooth wear and tear

**Autocrine** secretions of the cell influence other like cells and its own function.

Autophagy the digestion of organelles (1) and other internal structures (2) or substances (3) by the cell itself via lysosomes (4). If the particles are large *Macroautophagy* they must first be internalized by ER (5) before they fuse with the lysosome (6) - otherwise as with smaller proteins - they are directly incorporated into the lysosome (7) - *Microautophagy* or have a "chaperone" protein (8) which transports them to the lysosome.

**Axial** refers to the head and trunk (vertebrae, ribs and sternum) of the body.



#### R

**Biogenesis** the development or formation of... e.g. biogenesis of an organelle may result from the fusion of several components  $\pm$  their further modification.

**Buccal** (BUK-al) pertaining to the cheek.

C

**Canal** tunnel / extended foramen as in the carotid canal at the base of the skull **adj. canular** (canicule - small canal).

Cataract (KAT-ar-akt) opacity of the lens in the eye - may occur in the centre - nuclear, under the capsule subcapsular or in the cortex cortical.

Cations positively charged atoms or radicals e.g. NAD+, Na+, H+, Ca++

Caput / Kaput the head or of a head, adj. capitate = having a head (c.f. decapitate)

Capitus AKA Capitus\* adj. pertaining to the Head.

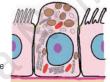
**Caveolin** membrane-bound proteins involved in receptor-dependant endocytosis *pl. caveolae.* 

**Cavity** an open area or sinus w/n a bone or formed by two or more bones *(adj. cavernous)* may be used interchangeably with fossa. Cavity tends to be more enclosed fossa a shallower bowl like space (Orbital fossa-Orbital cavity).

Cephalic pertaining to the head.

Cervicus AKA Cervicis\* adj. pertaining to the neck

Clara cells "clear and famous" cells - the bulging cells seen in bronchioles which function as stem cells and replace the lining and alveolar cells. These cells produce surfactant and ↓ the surface tension on the surface of the alveoli and ease the entrance of the air



**Codon** a series of 3 nucleic bases which "code for the attachment of a particular AA in the synthesis of a protein - part of the the genetic code - note that the code for AAs in the mitochondria vary from "the genetic code".

**Colon** term used interchangeably with LI but actually only consisting of 4 parts - the ascending + transverse + descending + sigmoid colons – not including the caecum or appendix.

Concha (KONG-ku) a shell shaped bone as in the ear or nose (pl. conchae adj. chonchoid) old term for this turbinate.

**Constrictor** to squeeze - generally referring to a muscle's action where it decreases the size of an opening (as in Pharynx), different from sphincter, it does not stop the passage of a substance just modidies it.

Convoluted twisted and turning as in the renal tubules.

Cornu a horn (as in the Hyoid).

**Corona** a crown. *adj. coronary, coronoid or coronal*; hence a coronal plane is parallel to the main arch of a crown which passes from ear to ear *(c.f. coronal suture)*.

**Cranium** the cranium of the skull comprises all of the bones of the skull except for the mandible.

**Crest** prominent sharp thin ridge of bone formed by the attachment of muscles particularly powerful ones e.g. Temporalis/Sagittal crest.

Cribiform / Ethmoid a sieve or bone with small sieve-like hole

Cricoid a ring

-crine to secrete

**Cutus** (KEW-tis) skin - adj. cutaneous it has come to refer only to the epidermis.

#### The A to Z of Major Organs

#### D

**Dens** a tooth, denticulate having tooth-like projections *adj. dental, dentate, dentine denticulate*.

**Dentine (AKA) dentin** ivory—like substance forming the bulk of the tooth beneath the enamel.

**Depression** a concavity on a surface.

Dermis the CT of skin

**Desquamated** the shedding of keratinized layer of the skin **see also exfoliated**.

**Distal** further away from the axial skeleton (opposite to Proximal) in dentistry = along the dental arch in posterior direction (opposite to Mesial).

Dorsi back. adj. dorsal



#### F

Edentulous w/o teeth.

Elastin major extracellular fibre which has recoil properties - made up of fibrillin (1) filaments and elastin matrix (2) which assemble from smaller ic components outside the cell

#### endo- into

**Endocrine** secretion of a substance from cells directly to the BS w/o a duct *(opposite of Exocrine)*.

Endocytosis is the major form of vesicular transport in the cell - material (1) such as small proteins attach to the CM (2) which invaginates & encloses it disconnecting from the CM (3) forming a vesicle (4) see also Exocytosis as pictured.

Endosomes membrane-bound body in the cell generally from ingested material and requiring further digestion – a progression in the path to lysosome differentiation see also Lysosome, Vesicle.

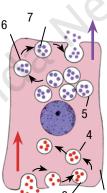
#### exo- out of

**Exocrine** secretion of substances from cells onto a surface or lumen possibly via ducts as in exocrine glands generally into a lumen, but maybe on a surface (\* Endocrine).

**Exocytosis** is the major form of vesicular transport - vesicles in the cell (5) move from their site to the CM (6) attaching to the surface (7) and then fusing with it to release the contents *see also Endocytosis* as pictured.

External Auditory Meatus ear hole = EAM.

extra- outside of



# F

**Facet** (FASS-et) a face, a small bony surface (occlusal facet on the chewing surfaces of the teeth) seen in planar joints.

Fascia (FASH-uh) face / layers of CT.

Fascicle (FAS-ik-el) small bundle.

Fauces (FOR-seez) jaws or throat.

**Fibril** a small fibre or filament at least 10X smaller than the main type of fibrous structure and a smaller part of a larger structure as in myofibril.

**Filament** a single thread or strand which may be thick or thin but is not made up of obvious multiple units as may be the case in a fibre.

Fibre ASA fiber see also Filament a rope or long strand of material - may have multiple monomeric units joined together or filaments woven together in its makeup and appear as a single unit in biology there are 4 main types - the collagens; the elastins, the fibrillins and the fibronectins, but the most important by far is the collagen group adi. fibrillar.

Fissure (FISH-er) a narrow slit or gap from cleft.

**Flexure** a fixed bend generally due to a tether by lig. or mesentery to the peritoneal wall as in the Henatic flexure of the LL.

**Foramen** a natural hole in a bone usually for the transmission of BVs &/or Ns. (pl. foramina).

**Fossa** a pit, depression, or concavity, on a bone, or formed from several bones as in temporomandibular fossa - shallower and more like a "bowl" than a cavity.

**Fovea** (FOH-vee-ar) a small pit (usually smaller than a fossa) - as in the fovea of the occlusal surface of the molar tooth.

Free radicals unbound charged ions or molecules - highly reactive see also Radicals.

#### G

**GALT** a general term for all the lymphoid tissue associated with the GIT.

Gastric belly (as in the belly of a muscle).

Gingiva gum.

Gland epithelial cells which secrete material that has an effect on other cells.

**Glottis** pertaining to the vocal cords and structures involved in the production of the voice *pl. glottedis*.

Glycan a sugar.

**Glycosylation** attachment of 1 or more sugars to a molecule.

**Gomphosis** (GOM-foh-sis) joint b/n the roots of the teeth and the jaw bones pl. gomphoses.

**Groove** long pit or furrow.

#### The A to Z of Major Organs

#### Н

**H&E** routine stain used in histology - demonstrates most organelles based on their affinity for acid & bases in contrasting blue (staining basophilic or acid substances) & pink (strongly staining bases or acidophilic substances) colours.

Haematochezia bright red clots of blood in the stools.

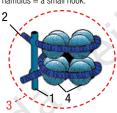
**Haem (AS Heme)** chemical compound consisting of iron ion in the centre of a large orgnanic ring.

Haematoxylin ASA Hematoxylin a dye extracted from the logwood tree; oxidised it forms haematein, a blue coloured compplex with metal ions notibly cell nuclei.

**Hamus** a hook hence the term used for bones which "hook around other bones or where other structures are able to attach by hooking - hamulus = a small hook.

Hepatomegaly enlargement of the liver

**Histone** an alkaline hydrophilic protein(1) used to organize the long DNA string (2) into structural units - nucelosomes (3), by colling them around the 8 unit histone core (4) structure shortening he average 1.8m of DNA strand to 90μm. Active genes are less bound up in the histone core than inactive genes and they play a role in gene expression and suppression *see also Nucleosome*.



Holocrine secretions which involve the death of the cell with substance liberation.

**Homeostasis** (*HOH-me-oh-stay-sis*) condition of cells in organs or tissues where loss of the units (cells usually) is equal to the formation of new units A - most disease states can be simplified to belong to an inequality b/n cell proliferation & loss either  $\uparrow$  in loss as in atrophy B or  $\uparrow$  in proliferation as in cancer **C** 

A B

Hormones substances secreted by endocrine glands.

**Hyoid** U-shaped.



#### Incisura a notch

Incus anvil

Inferior under

Inter between adj. intercalated

Intercalated - e.g. intercalated discs or ducts inserted b/n other structures.

Intra within

Introitus an orifice or point of entry to a cavity or space.

Ions - charged atoms see also Free Radicals

- -- ve charge anions generally non-metal
- + ve charge cations generally metal

L

Labia pertaining to the lips (adj. labial) may be oral or vulval lips.

**Lacerum** something lacerated, mangled or torn e.g. foramen lacerum small sharp hole at the base of the skull often ripping tissue in trauma.

**Lacrima** (LAK-rim-u) related to tears and tear drops (adj. lacrimal).

**Lambda** (*LAM-duh*) from the Greek letter a capital 'L' and written as an inverted V (*adj. lambdoid*) and used to name the point of connection between the 3 skull bones Occiput and the 2 Temporal bones.

**Lamina** a plate or layer as in the lamina of the vertebra a plate of bone connecting the vertical and transverse spines (**pl. laminae**).

Lamina propria (LP) proper layer, background T surrounding major specialized cell masses in an organ - often loose areolar T: a combination of CT, immune cells, BVs, lymphocytes & Ns.

Lens the solid structure in the eye which focuses the incident light contains capsule cortex and nucleus - the hardening of the nucleus is primarily responsible for presbyopia.

Levator to raise - generally in reference to the actions of muscles.

**Ligament** a band of tissue which connects bones (articular ligaments) or viscera - organs (visceral ligaments). A ligament is a tie or a connection originally **sing. ligamentum pl. ligamenta** from ligate or to tie up generally composed of collagen fibres.



**Ligand** a small molecule, that forms a complex with a biomolecule to serve a biological purpose. Often used as a signal triggering molecule, binding to a protein which alters its shape to allow attachment of another protein often an H.

Linea (lin-EE-uh) a line as in the Nuchal lines of the Occipitum.

**Lingual** (*ling-GEW-al*) pertaining to the tongue.

**Lipofuscin** protein which accumulates in a cell with age, related to the breakdown of fats &/or proteins.

**Lymph** (*LIMpf*) excess fluid & proteins left behind from the capillaries as they move from the arterial to the venous side

#### M

#### macro- large

Malar cheek

Malleus hammer (as in the ear ossicle).

Mandible from the verb to chew, hence, the movable lower jaw; adj. mandibular.

Masseter to chew

Maxilla the jaw-bone; now used only for the upper jaw; adj. maxillary.

**Meatus** a short passage; *adj. meatal* as in external acoustic meatus connecting the outer ear with the middle ear.

**Meibum** an oily secretion from the Meibomian glds (AKA tarsal glds) of the eye to lubricate the cornea.

#### megaly- enlargement

**Meiosis** (MY-oh-sis) germ cell division where the genetic material is halved as a device for future fertilization

**Mental** relating to the chin (mentum = chin *not mens* = *mind*).

Merocrine secretions which are due to exocytosis.

**Mesial** along the dental arch in the direction of the medial plane anteriorly (opposite to Distal).

micro- small pertaining to structures which are able to be viewed under the microscope.

**Molecule** a neutral group of atoms held together by ionic or covalent bonds - however it is often also a term used for a charged polyatomic group which are technically **Radicals**.

**Monomers** individual units of a larger structure - usually with the building up of extracellular fibres e.g. collagen **see also Polymers**.

Mucosa (MEW-koh-zuh) tissue in the GIT immediately beneath the epithelial lining.

Mucous adi. of mucus as in mucous glands – glands which produce mucus.

**Mucus** (*MEW-kus*) substance excreted by Mucous glands to lubricate food or protect mucosal surfaces.

**Muscularis Mucosa (mm)** term for the muscle layer in the mucosa separating the mucosa from the submucosa.



Naris nostrils pl. Nares

Notch an indentation in the margin of a structure.

Nucha the nape or back of the neck adj. nuchal.

**Nucleolus** (NEWK-lee-oh-lus) a small unbound collection of RNA w/n the nucleus which varies in size, shape and presence due to the activity of the cell. It is the site of rRNA synthesis and dispersement, and the assembly of ribosomes. It appears as a darkly staining spot(s) in the nucleus **pl. nucleoli** 

**Nucleosome** a coil of DNA wrapped around a histone core as a form of organized packing *see also Histone*.

0

**Occiput** the prominent convexity of the back of the head Occipitum = Occipital bone *adi. occipital*.

**Occlusion** opposition of the teeth when closed = bite.

**Orbit** a circle; the name given to the bony socket in which the eyeball rotates; *adi.orbital.* 

# ORGAN - A GROUP OF TISSUES & CELLS WHICH ARE BOUND TOGETHER TO PERFORM A SPECIFIC FUNCTION.

Orifice (or-EE-fiss) an opening.

Ossicle small bone - generally referring to the bones in the ear.

#### P

Palate a roof adj. palatal or palatine.

Papilla (e) outpouching - point generally with an opening (c.f. the duodenal papilla.)

Paracrine substances secreted which only have local effects - as in the pilo-sebacious unit hair follicle.

Parenchyma (PA-ren-KY-muh) main component of an organ when it is highly cellular e.g. the liver.

**Parietal** (pa-RYE-et-al) pertaining to the outer wall of a cavity from paries, a wall.

Parotid (pa-ROT-id) pertaining to a region beside or near the ear.

#### Pars a part of

#### Peri- around surrounding

**Perikymata** transverse ridges and the grooves on the surfaces of teeth.

**Periodontum** CT membrane surrounding the tooth to allow for support and cushioning of tooth movements with mastication.

**Periosteum** layer of fascial tissue connective tissue on the outside of compact bone not present on articular (joint) surfaces *see endostium*.

**Peristalsis** the automatic coordinated contraction & relaxation of the GIT smooth muscle triggered by the presence of a food bolus & propagated by the internal NS of the GIT the Auerbach & Myenteric plexi — directing food in one direction.

**Peroxisome** vesicles .2-.5µm containing dense particle involved in the catabolism of fatty acids and the synthesis of plasma proteins & cholesterol. They contain relevant enzymes to help in this process and are commonest in hepatocytes and only have a sinle lipid layer - different from most ic membrane bound vesicles.

Petrous pertaining to a rock / rocky / stony adj. petrosal

phago (FAY-goh) to eat

**Phagocytosis** the active ingestion of larger particles and their digestion and inactivation w/n the cell.

**Phosphorylation** addition of 1 or more phophate radicals to a structure - usually protein

pilo- hair

**Pinocytosis** (*pyn-OH-sy-toh-sis*) the dynamic formation of small vesicles (1) endosomes (2) in the cell to ingest material (3) *adj. pinocytic*.



#### The A to Z of Major Organs

Plasma is blood w/o its cellular components see also Serum

Plica (e) (PLEE-ku/kay) fold (s) generally fixed folds with a CT stem to fix their shape – cannot be flattened as in SI.

**Polymers** repeated "monomer" units as in several monomers of the collagen fibre placed together but not enough to be a complete fibre **see also Monomer**.

**Presbyopia** (*PREZ-by-oh-pee-uh*) shortsightedness associated with age - inability to focus on close items.

**Process** a general term describing any marked projection or prominence as in the mandibular process.

Proximal closer to the axial skeleton (opposite to Distal).

**Pseudophakic** implanted prosthetic lens in the eye (generally due to cataracts).

#### R

Radicals charged atomic particles or charged polyatomic groups which may be bound to larger molecules or freely disassociated and "unbound"- free radicals - refer to an unbound charged ions or molecules - and are highly reactive.

**Raphe** (RAF-ay) line of joint b/n 2 halves, generally of bone or muscles for example a fibrous raphe in the tongue allowing for muscle insertion.

Recess a secluded area or pocket; a small cavity set apart from a main cavity.

Rectus straight, erect

Refered pain AKA reflected pain pain perceived in a different location from its site of origin.

Rhinus/rhino- (RYE-noh) pertaining to the nose.

Ridge elevated bony growth often roughened.

Rima Glottidis space b/n the vocal cords.

Rostral towards the anterior/front (of the brain).

Rotundum round

**Ruga (e)** (R00-gu/gay) folds – generally more mobile and less structured than Plicae – can be flattened as in the Stomach.

S

Sagittal (SAJ-it-tal) an arrow, the sagittal suture is notched posteriorly, making it look like an arrow by the lambdoid sutures.

Sclersosis hardening adj sclerotic

**Senescence** signs associated with aging e.g. in a cell the accumulation of lipofuscin is related to age.

Septum a division

**Serum (blood)** is blood plasma w/o the clotting factors i.e. it is acellular fluid with fewer proteins and cannot clot.

**Sinus** a space usually w/in a bone lined with mm, such as the frontal & maxillary sinuses in the head, (also, a modified BV usually vein with an enlarged lumen for blood storage & containing no or little muscle in its wall). Sinuses may contain air, blood, lymph, pus or serous fluid depending upon location and health of the subject adj. sinusoid.

Skull the skull refers to all of the bones that comprise the head.

**Spine** a thorn *adj. - spinous* descriptive of a sharp, slender process/protrusion commonly used regarding the spinous processes of the vertebral bodies.

Sphincter ring of muscle around a tube or opening, generally but not always, composed of skeletal muscle. generally used to prevent the passage of a substance.

splanchno-(SPLANK-noh) pertaining to the gut

**Splanchnocranium** the splanchnocranium refers to the facial bones of the skull.

**Splenomegaly** - enlargement of the spleen.

-stoma to do with the mouth

**Stroma** (STROH-mu) underlying T background may have various structures but is often equivalent to lamina propria (LP).

sub- under

 $\textbf{Subcutaneous} \ \text{under the skin, but has come to mean dermal - ie subepithelial}.$ 

Submucosa layer common to all the parts of the DT deep to the mucosa.

**Sulcus** long wide groove often due to a BV indentation.

Suture the saw-like edge of a cranial bone that serves as joint b/n bones of the skull.

**Sulcus (i)** (SUL-kus/kee) furrow cf in the brain

Superior above

syn- (SIN) together i.e. the close proximity of or fusion of 2 structures

#### The A to Z of Major Organs

#### Т

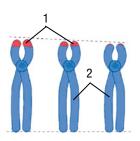
**Telomere** end piece of the chromosome arms (1) which stabilizes the chromosome (2). If this is removed the cell becomes unstable and apoptosis may ensue; shortening is linked to senescence.

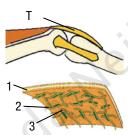
**Temporal** refers to time and the fact that grey hair (marking the passage of time) often appears first at the site of the temporal bone from the consideration of wisdom in the temple.

**Tendon** a tie or cord of collagen fibres connecting muscle with bone (as opposed to articular ligaments which connect bone with bone).

**Tensor** to stretch - generally referring to the action of a muscle which pulls something tighter.

**Terminal web** - fibrillar roof just beneath the CM (1) of epithelial cells composed of actin fibrils (2) & their links (3) to give structure to the cell surface, present in most epithelial cells.





Throat (THROHT) common term for pharynx and may incorporate the larynx as well as in sore throat

Tonsil little pole

Trachea (TRAK-ee-uh) rough

Transverse to go across.

**Tuberosity** a large rounded process or eminence, a swelling or large rough prominence often associated with a tendon or ligament attachment.

Tubules small tubes.

**Turbinate** a child's spinning top, hence shaped like a top; an old term for the nasal conchae.

# U

**Uvea** (YOU-vee-uh) the combination of the iris + ciliary body + choroid plexus as a single entity - the BF b/n these 3 structures is continuous and so any pathology teds to involve all 3 at the same time.

Uvula (YOUV-you-luh) little grape



**Vagina** (vaj-EYE-nuh) a sheath; hence, invagination is the acquisition of a sheath by pushing inwards into a structure, and evagination is similar but produced by pushing outwards adj. vaginal.

Vertebra turning point.

**Vesicle** (*VEEZ-ik-el*) any membrane enclosed bubble w/n a cell - generally with the same bilipid layered as the CM and so it is possible for the vesicle to generate a separate internal environment w/n the cell - the cell's organelles are forms of vesicles.



Wormian bone extrasutural bone in the skull.



xero- (ZAIR-oh) dry

Xerostoma dry mouth

# **Appendix**

#### Macroscopic view

Anterior - wall cut away from the caecum and the mesentery removed

#### Schema of possible appendix positions

The appendix is a blind intestinal tube located in the RIF, at the ilocaecal junction. The BS comes from the mesentery which supports it and gives it mobility - allowing the organ to swing around in front of and behind the LI. This may compromise the BS and function of the organ causing an inflammatory response - appendicitis. Because of its location an inflamed appendix may affect other organs in the vicinity such as the ovary.

- 1 Mesentery (cut)
- 2 Ileum
- 3 straight arteries = arteriae rectae
- 4 arterial arcades
- 5 Appendicular a
- 6 Appendix v = appendix orifice
- 7 Ileocolic artery

Brs -

a = ant, caecal a

c = colic a

i = ileal a

p = post, caecal a

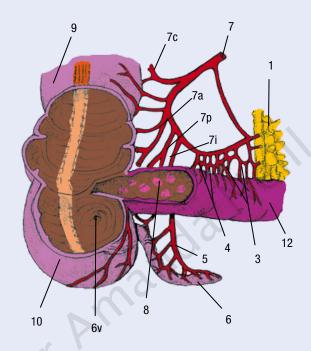
- 8. Lymphatic follicles = Peyers' patches
- 9 Ascending colon
- 10 Caecum
- 11 Appendix (8-10cm) positions

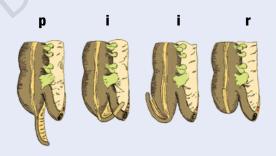
i = iliac

p = pelvic

r = retrocaecal - corresponds to McBirney's point 2/3

of the line from the ASIS to the umbilicus





# **Appendix**

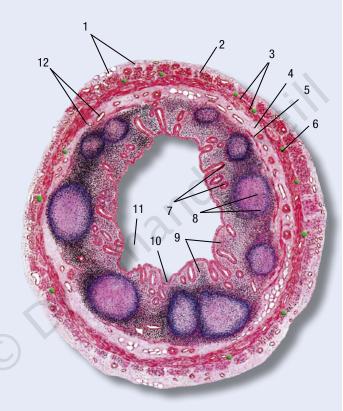
#### Histology

# Transverse section LP H&E - showing most of the basic structures

The appendix is a blind intestinal tube located at the ilocaecal junction. It appears to be vestigial, but in other animals is involved in the digestion of cellulose via its stored bacteria. The mucosa has numerous lymphoid follicles & GALT.

- 1 peritoneal mesothelium + adipose cells
- 2 serosa
- 3 muscularis externa consisting of 2 layers of smooth m, outer longitudinal & inner circular
- 4 submucosa
- 5 muscularis mucosa 2 thin layers smooth m inner circular & outer longit. smooth m
- 6 parasympathetic ganglia of the myenteric plexus
- 7 intestinal glands in the mucosa
- 8 germinal centre of lymphoid nodule part of the GALT
- 9 loose lymphoid T in the LP of the mucosa
- 10 lining columnar epithelium filled with goblet cells
- 11 lumen
- 12 arterioles & venules of the mucosa





# Bladder

#### Macroscopic view

Superior - male

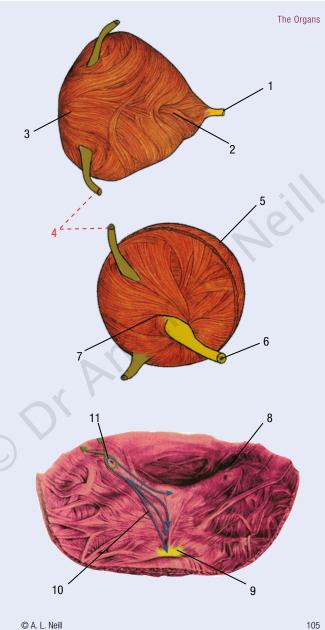
Inferior - female

Internal - female - showing trigone

The bladder is a bag of multi-layered smooth muscle lined with a waterproof epithelium. It both fills and empties from the base, in the trigone, and as such any obstruction in that area will cause both filling and emptying problems. The normal bladder can contain up to 1.5 litres, which is restricted by abdominal P and may be expanded up to 3 litres if flow is obstructed.

- median umbilical lig.
- 2 body
- 3 fundus
- 4 ureter
- 5 external muscle layer
- 6 urethra
- 7 physiological sphincter of the bladder pulls the urethra post.
- 8 ureteric orifice
- 9 urethral orifice
- 10 sphincteric muscles which open the ureters
- 11 sphincteric muscles which open the urethra





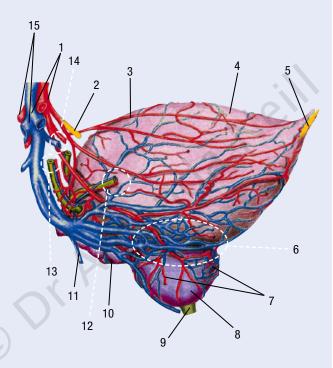
# Bladder

#### Macroscopic view

#### Lateral - male - BS

The bladder is a collapsible bag which has a copious anastomotic BS intimately related to the adjacent structures - prostate in the male - vagina and uterus in the female.

- 1 int. iliac a & v
- 2 obliterated umbilical a
- 3 superior vesical a
- 4 fundus
- 5 median umbilical lig
- 6 vesical venous plexus
- 7 prostate brs from inf. vesical a & v
- 8 prostate
- 9 urethra
- 10 seminal vesicles
- 11 middle rectal v
- 12 ductus deferens + a
- 13 ureter + uteric a & v
- 14 inf vesical uteric a & v
- 15 inf. gluteal a & v



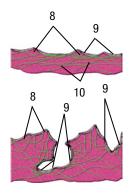
# Bladder

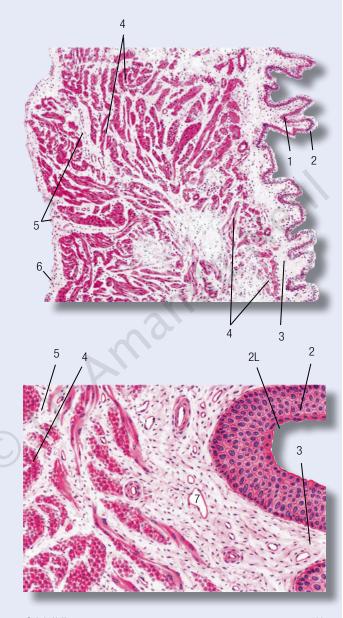
#### Histology

LP - H&E showing the full depth of the bladder wall HP - H&E showing the bladder lining and mucosa Schema - flattened full bladder / empty bladder surface cell changes

The bladder has an internal lining of tightly bound multilayered cuboidal epithelial cells = transitional epithelium. These cells stretch out flat when there is a volume change w/o developing gaps and so protect the underlying T from the toxic urine. This is due to the thickened apex CM and the extensive filaments in the tw, which form invaginations in the relaxed bladder and flatten when it is stretched. With each urination some of the inner cells are shed with the urine.

- 1 mucosal folds
- 2 transitional epithelium
  - L luminal layer of transitional epi note mitosis is possible throughout the layers
- 3 LP
- 4 muscularis externa, multiple bundles of smooth m
- 5 surface CT & CT septa
- 6 serosa & peritoneal mesothelium
- 7 veins & lymphatics of the LP
- 8 interplaque areas of the CM
- 9 plagues & invaginated plagues
- 10 filaments





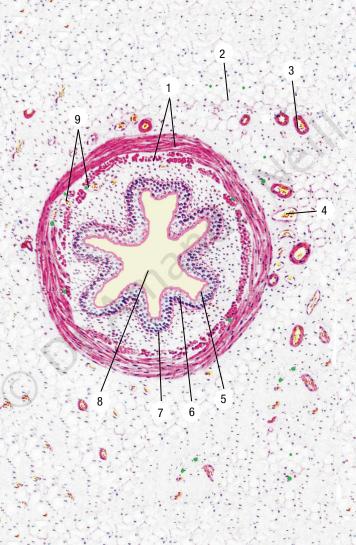
# **Bladder Ureter**

#### Histology

# Transverse section LP H&E - showing most of the basic structures

The ureter transports the urine from the renal pelvis to the bladder by peristalsis.

- 1 outer circular & inner longitudinal layers of smooth muscle
- 2 adipose T surrounding the ureter and supporting the BS & NS
- 3 arteriole
- 4 venule
- 5 surface membrane
- 6 transitional epithelium multilayered expandable and waterproof
- 7 BM
- 8 lumen
- 9 Ns b/n the muscle layers and in the adventitia



# The Brain

#### Microscopic view

Inferior view - looking up onto the undersurface of the brain

Lateral view - looking at the side of the brain

Posterior view - looking at the back of the brain

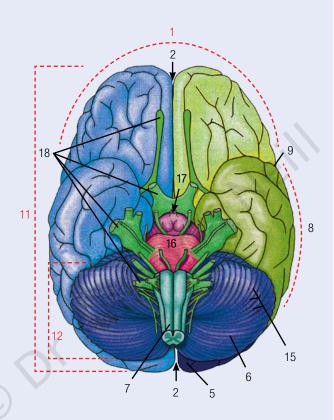
Lateral view - showing the hidden GM

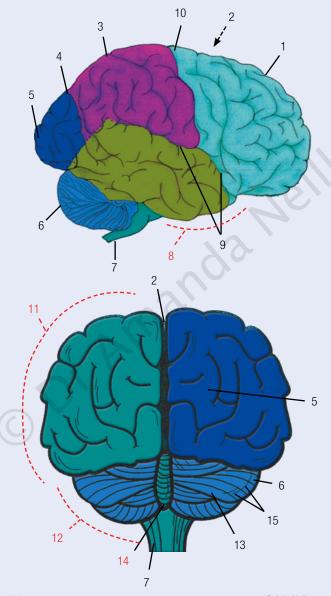
The brain consists of the CEREBRUM, CEREBELLUM, MIDBRAIN, and HIND BRAIN which leads to the SC.

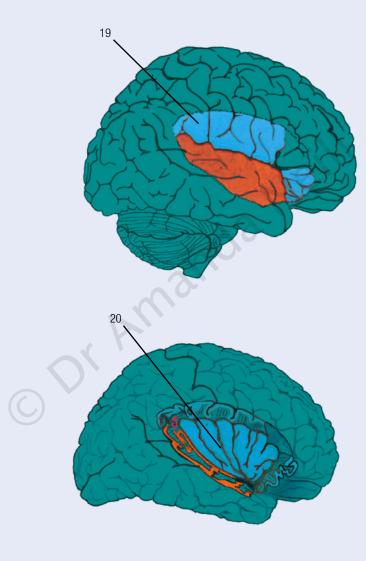
The CEREBRUM overlies most of the brain and consists of 5 lobes named according to the bones which they underly, the hidden GM - the INSULA is buried under the overgrowth of the other cerebral lobes.

The outer GM is arranged as a series of folds to maximize the surface area: the gyri are the convex folds and the sulci, the fissures or grooves b/n them. They are named according to their anatomical position.

- 1 Frontal lobes mainly for thinking & planning
- 2 Longitudinal fissure Separates the 2 CHs
- 3 Parietal lobe mainly for integration of sensory input
- 4 Parietal sulcus = Occipital fissure
- 5 Occipital lobe for vision
- 6 Cerebellum
- 7 SC coming from the brainstem (Hindbrain)
- 8 Temporal lobe mainly for language, memory & emotion
- 9 Lateral fissure = Sylvian fissure
- 10 Central sulcus = Central fissure
- 11 CH
- 12 Cerebellar hemisphere
- 13 Posterior lobe of the cerebellum
- 14 Vermis = (worm)
- 15 Folia small gyri and sulci of the cerebellum
- 16 Pons = (bridge)
- 17 Infundibulum = (funnel) of the pituitary (removed)
- 18 Cranial Ns
- 19 Operculum GM over the Insula
- 20 Insula = GM hidden under Cerebrum overgrowth





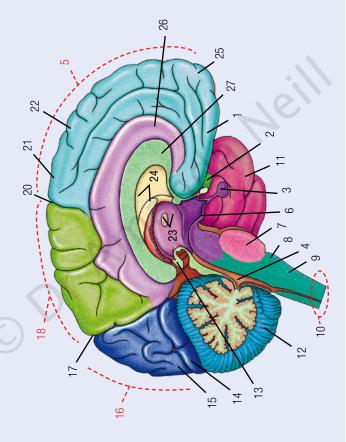


# The Brain

# Microscopic view Median - midsagittal plane

- 1 Gyrus rectus straight gyrus
- 2 Optic structures = CN II
- 3 Pituitary gland
- 4 IVth ventricle
- 5 Frontal lobe
- 6 Mammillary body
- 7 Pons
- 8 Olive
- 9 Hindbrain
- 10 SC + spinal canal
- 11 Temporal lobe
- 12 Cerebellum
- 13 Pineal body (= gland)
- 14 Lingual gyrus
- 15 Calcarine sulcus
- 16 Cuneus
- 17 Parieto-occipital sulcus

- 18 Precuneus
- 19 Post-central gyrus
- 20 Central sulcus
- 21 Paracentral gyrus = Precentral gyrus
- 22 Medical frontal = marginal gyrus
- 23 Thalamus + intermediate body
- 24 Fornix + Septum pellucidum
- 25 Minor gyri and sulci
- 26 Cingulum
- 27 Corpus callosum



# The Brain

#### Macroscopic view

#### Superior - looking down on the brain from above

The Cerebrum is covered in GM with 4 major lobes and a covered area of GM - the Insula or 5th lobe.

- 1 FRONTAL LOBE
- 2 OCCIPITAL LOBE
- 3 PARIETAL LOBE
- 4 TEMPORAL LOBE
- 5 INSULA

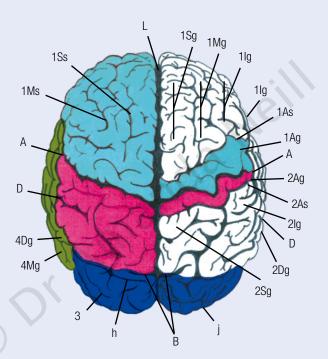
Because of the overgrowth of the GM the brain creates additional area by forming large folds - GYRI (g) separated by fissures - SULCI (s)

- A central sulcus = Rolandic fissure b/n the frontal and parietal lobes
- B parieto-occipital sulcus
- C preoccipital notch
- D lateral sulcus = Sylvian fissure b/n the temporal and the frontal + parietal lobes
- E stem of the lateral sulcus
- L longitudinal suclus = longitudinal fissure b/n the R and L CH

further subdivided w/n the lobes by minor sulci

- j lunate sulcus
- h transverse occipital sulcus
- i inferior temporal sulcus
- I intra parietal sulcus
- k associated rami of the lateral sulcus

- 1Ag pre-central gyrus MOTOR
- 2Ag post central gyrus SENSORY
- 2lg inferior parietal gyrus (lobule)
- 2Sg superior parietal gyrus (lobule)
- 1Sg superior frontal gyrus
- 1Fg mid frontal gyrus
- 1lg inferior frontal gyrus
- 4Dg superior temporal gyrus
- 4lg inferior temporal gyrus
- 4Mg mid temporal gyrus



### Brain

# Glia & BBB

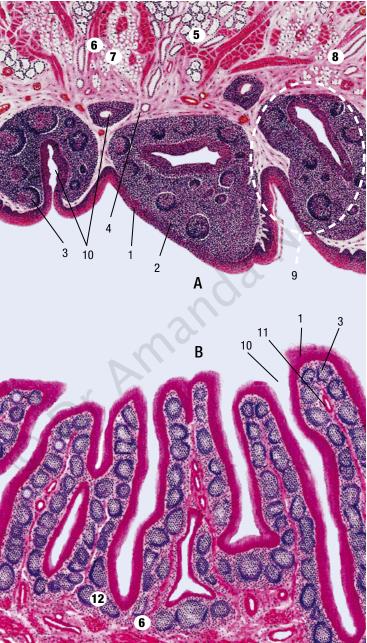
#### Schema

# LP of overall glia in the GM

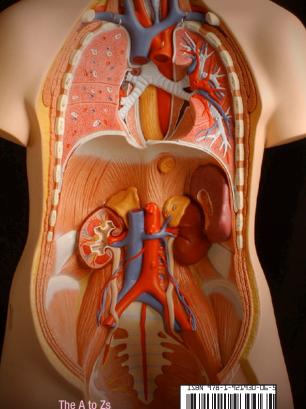
#### HP of the BBB

The brain is a very protected organ forming its own environment via a special BBB and special supportive cells called glial cells. These cells interact with the meninges, neurons, BVs and influence their environment - helping with the neuron's health, nourishment, repair and ability to send and receive electrical signals.

- 1 BM of the endothelium of the cerebral BV
- 2 foot process of the astrocyte
- 3 BM
- 4 glial limitans formed from the subpial foot processes of the astrocytes - sealing the GM from the CSF surrounding the brain
- 5 astrocytes
- 6 digodendrocytes = Schwann cells in the CNS
- 7 neuron
- 8 microglia = fibroblast in the CNS
- 9 ependyma
- 10 ventricle
- 11 BV note the BM is thickened and covered internally and externally
- 12 pericyte
- 13 sulcus
- 14 gyrus
- 15 pia mater
- 16 endothelium of the cerebral capillaries showing Tj



# The A to Z of Major Organs



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