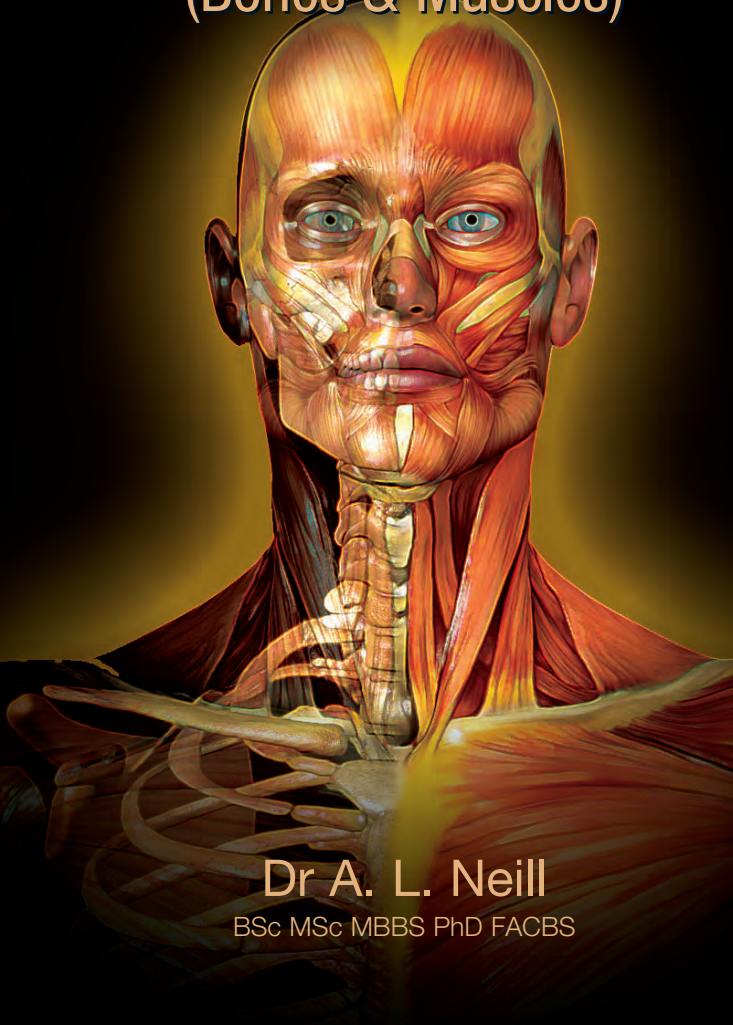


The A to Z of Head & Neck (Bones & Muscles)



Dr A. L. Neill

BSc MSc MBBS PhD FACBS

Introduction

This book is particularly useful when used with the *A to Z of Peripheral Nerves* and the *A to Z of the Bones, Joints, Ligaments & the Back*, The *A to Z of Skeletal Muscles* and the *A to Z of the Brain and Cranial Nerves* but all the A to Zs are cross-referenced and together are forming a set covering the all structural elements of the human body; and now including pathological considerations in the new *The A to Z of... failure* series e.g. The *A to Z of Bone & Joint Failure*.

If there is a structure/subject you want to see in the A to Zs let us know.

The A to Zs may be viewed on 2 sites – www.amandasatoz.com and <http://www.aspenpharma.com.au/atlas/student.htm>

Acknowledgement

I would like to thank Aspenpharmacare Australia: Mr Greg Lan CEO, & Mr Robert Koster in particular & all those who have helped in the contribution of this edition & in the feedback of the other books in this series. Thankyou.

Dedication To hard work but not necessarily to working hard.

How to use this book

The format of this A to Z book has been maintained as in the last edition - the bones of the Head & Neck are in the front followed by the muscles. Each section listed in alphabetical order as with the other A to Zs. The book is its own index in each section. In the front of each section, as usual, there are overviews of bone or muscle groupings such as the bones surrounding and forming cranial cavities and groupings of muscles around the larynx, as well as individual views of each and every bone and muscle. The skull has a separate listing.

As with all the A to Zs - think of it and then find it alphabetically. Cross referencing in the index is in the usual manner i.e. see for go to and see also for additional images listed under that heading.

Thank you,

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Abbreviations

A	= actions / movements of a joint	jt(s)	= joints = articulations
aa	= anastomosis or anastomoses	L	= lumbar / left
ACF	= anterior cranial fossa	LL	= lower limb
adj.	= adjective	lig	= ligament
aka	= also known as	LP	= lumbar plexus
ALL	= anterior longitudinal ligament	Lt.	= Latin
alt.	= alternative	MCF	= middle cranial fossa
ANS	= autonomic nervous system	MCL	= mid clavicular line
ant.	= anterior	med	= medial
art.	= articulation (joint w/o the additional support structures)	mm	= mucous membranes
AS	= Alternative Spelling, generally referring to the diff. b/n British & American spelling	N (s)	= nerve(s)
ASIS	= anterior superior iliac spine (of hip bone)	NAD	= normal (size, shape)
bc	= because	NAD	= no abnormality detected
b/n	= between	NR	= nerve root origin
BP	= brachial plexus	NS	= nervous supply / nerve system
BS	= Blood Supply	NT	= nervous tissue
BVs	= blood vessels	nv	= neurovascular bundle
C	= cervical	O	= origin
c.f.	= compared to	P	= pressure
CF	= cranial fossa	PaNS.	= parasympathetic nervous system
CH	= cerebral hemispheres	ParaNs	= parasympathetic nerves ± fibres
CN	= cranial nerve	pl.	= plural
CNS	= central nervous system	PLL	= posterior longitudinal ligament
Co	= coccygeal	PM	= pia mater
CP	= cervical plexus	PN	= peripheral nerve
collat.	= collateral	post.	= posterior
Cr	= cranial	proc.	= process
CSF	= Cerebrospinal fluid	prox.	= proximal
CT	= connective tissue	R	= right / resistance
diff.	= difference(s)	ROM	= range of motion
dist.	= distal	sing.	= singular
DM	= dura mater	SC	= spinal cord
EB	= eyeball	SN	= spinal nerve
e.g.	= example	SP	= spinous process / sacral plexus
EAM	= external acoustic meatus	SS	= signs and symptoms
EC	= extracellular (outside the cell)	supf	= superficial
EOM	= extra-ocular muscles	T	= TEST / thoracic
ES	= Erector Spinae group of muscles	TOS	= thoracic outlet syndrome
ext.	= extensor (as in muscle to extend across a joint)	T	= transverse process
Gk.	= Greek	UL	= upper limb, arm
GM	= Grey matter	VB	= vertebral body
I	= insertion	VC	= vertebral column
IAM	= internal acoustic meatus	WM	= white matter
IOM	= intra-ocular muscles	w/n	= within
		w/o	= without
		wrt	= with respect to
		&	= and
			= intersection with

Ablation	The removal of part of the body, generally a bony part, most commonly the teeth.
Acral	in the extremities - bones at the apex or end of limbs.
Acromegaly	A continuation of growth of the ends of cartilage covered bone (after fusion of the long bones) hence a gross change in the features (most noticeable in the jaw and digits) without growth in height, due mainly to the over activity of the pituitary gland.
Ala	A wing, hence a wing-like process as in the Ethmoid bone <i>pl. - alae</i> .
Alveolus	Air filled bone - tooth socket <i>adj. - alveolar</i> (as in air filled bone in the maxilla) - coalescence of alveoli helps in the formation of the sinuses. This device also lightens the weight of the bone particularly the skull.
Ankle	Bend = angle usually referring to the bend just above the foot, hence the ankle is the joint b/n the foot and the lower leg.
Annulus fibrosis	The peripheral fibrous ring around the intervertebral disc.
Aperture	An opening or space between bones or within a bone.
Appendicular	Refers to the appendices of the axial i.e. in the skeleton, the limbs upper and lower which hang from the axial skeleton, this also includes the pectoral and pelvic girdles but not the sacrum.
Areola	Small, open spaces as in the areolar part of the Maxilla may lead or develop into sinuses.
Arth- Arthritis	To do with joints hence... Inflammation of a joint.



early disease loss of cartilage inflammation of jt laxity of lig & permanent damage

Arthropathy
Arthrosis
Articulation


Diseases of the joints.
Joint types.

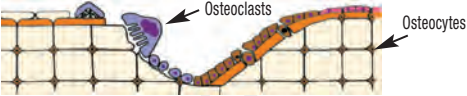
Articulation	Joint, description of the bone surfaces joining w/o the supporting structures = point of contact b/n 2 opposing bones hence the articulation of humerus and scapula is the articulation of the shoulder joint.
Attrition	Tooth wear and tear.
Auditory	Pertaining to hearing, hence, pertaining to the ear. (Auditory exostosis = a bony growth on the walls of the External Auditory Meatus).
Avulsion	Forceable tearing away of a structure or part of a structure as in an avulsed fracture where a fragment bone is torn away from the main bone.
Axial	Refers to the head and trunk (vertebrae, ribs & sternum) of the body.
Ball and Socket	Generally referring to a joint which resembles a ball sitting tightly in a socket - very stable, limited range of movement e.g. hip joint.
Basilar	Relating to the base or bottom of structures.
Basiocranium	Bones of the base of the skull.
Boss	A smooth round broad eminence - mainly in the frontal bone female > male.
Bregma	Refers to a junction of more than 2 bones in a joint as in the Bregma of the skull, junction between the coronal and sagittal sutures which in the infant is not closed and can be felt pulsating - site of the anterior fontanelle.
Buccal	Pertaining to the cheek.

The A to Z of the Head & Neck

Callus	Hard tissue formed in the osteogenic layer of the periosteum as a fracture repair tissue it is replaced over time with compact bone.
Calotte	The calotte consists of the calvaria from which the base has been removed
Calvaria	The calvaria refers to the cranium without the facial bones attached.
Canal	Tunnel / extended foramen as in the carotid canal at the base of the skull adj.- canular (canicular - small canal).
Cancellous bone = Trabecular bone	A spongy porous bone with spicules (trabeculae) of compact bone. It is found at the ends of long bones in the bones of the axial skeleton. Red BM is found b/n the spicules.
Caput / Kaput	The head or of a head, adj.- capitata = having a head (c.f. decapitate)
Carotid	To put to sleep; compression of the common or internal carotid artery causes coma. This refers to bony points related to the Carotid vessels.
Carp	Wrist.
Cavity	An open area or sinus within a bone or formed by two or more bones (adj.- cavernous), may be used interchangeably with fossa. Cavity tends to be more enclosed, fossa a shallower bowl-like space (Orbital fossa-Orbital cavity).
Cavum	A cave.
Cephalic	Pertaining to the head.
Cervico	Pertaining to the Neck.
Clinoid	Like a bed-post, part of a four poster bed so that clinoid processes look like bed posts eg. in the Sphenoid bone.
Clivus	A slope hence in the anterior cranial fossa referring to a slope on the base of the cavity.
Cochlea	A snail, hence snail-like shape relating to the Organ of Corti in the ear.
Compact bone = Cortical bone = Dense bone	Bone found in the shafts and on external bone surfaces. Highly structured in concentric circles or Haversian systems. It is constantly changing and remodeling depending upon the lines of force.
Concha	A shell shaped bone as in the ear or nose (pl. conchae adj.- chonchoid) old term for this turbinate.
Condyle	A rounded enlargement or process possessing an articulating surface.
Cornu	A horn (as in the Hyoid).
Corona	A crown. adj.- coronary, coronoid or coronal ; hence a coronal plane is parallel to the main arch of a crown which passes from ear to ear (c.f. coronal suture).
Costa / Costo	Pertaining to the ribs.
Cranium	The cranium of the skull comprises all of the bones of the skull except for the mandible.
Crest	Prominent sharp thin ridge of bone formed by the attachment of muscles particularly powerful ones eg Temporalis/Sagittal crest.
Cribiform	A sieve or bone with small sieve-like holes. Ethmoid.
Cuneate/Cuneus	A wedge / wedge-shaped.
Dens	A tooth hence dentine and dental relating to teeth, denticulate having tooth-like projections adj.- dentate See also <i>odontoid</i> .
Depression	A concavity on a surface.
Detrition	Wearing away of the tooth surfaces of OA.

Detritus	The material left after the wearing away or rubbing.
Diaphysis	The shaft or body of a long bone. In the young this is the region b/n the growth plates and is composed of compact bone. pl.- diaphyses adj.- diaphyseal.
Diploë	The cancellous bone between the inner and outer tables of the skull, adj.- diploic.
Edentulous	Without teeth.
Eminence	A smooth projection or elevation on a bone.
Endocranium	Refers to the interior of the "braincase" adj.- endocranial divided into the 3 major fossae anterior (for the Frontal lobes) middle (containing Temporal lobes) and posterior (for the containment of the Cerebellum).
Endostium	A mesodermal CT which lines the inner surface of all bones and is the conduit for the NS and BS of the bone lifting of the endostium causes cancellous bone to be laid down to fill the gap b/n the bone and the cellular layer and this device may be used to encourage bone growth/repair. <i>See periosteum.</i>
Ethmoid =	Cribiform.
External Auditory Meatus	Ear hole.
Exostosis	A bony outgrowth from a bony surface, often due to irritation (as in Swimmer's ear) and may involve ossification of surrounding tissues such as muscles or ligaments.
Facet	A face, a small bony surface (occlusal facet on the chewing surfaces of the teeth) seen in planar joints.
Falciform	Relating to shapes that are in a sickle shape so falciform ligaments curve around and end in a sharp point.
Fissure	A narrow slit or gap from cleft.
Fontanelle	A fountain, associated with the palpable pulsation of the brain as in the anterior fontanelle of an infant. These soft spots on the skull are cartilagenous CT covering "joints" which allow for skull cranial expansion and then become the mould for the bone development and shape joining along the sutural lines, later becoming the Bregma.
Foramen	A natural hole in a bone usually for the transmission of BS and/or nerves. pl. foramina.
Fornix	An arch.
Fossa	A pit, depression, or concavity, on a bone, or formed from several bones as in temporomandibular fossa. Shallower and more like a "bowl" than a cavity. pl. fossae.
Fovea	A small pit (usually smaller than a fossa)- as in the fovea of the occlusal surface of the molar tooth.
Gallus / Galli	A cock, hence, crista galli, the cock's comb (i.e. possessive form of gallus).
Groove	Long pit or furrow.
Hyoid	U-shaped.
Hyperostosis	Abnormal bone growth generally overgrowth or ectopic growth.
Incisura	A notch.
Inter	Between.
Intra	Within.

Introitus	An orifice or point of entry to a cavity or space.
Joint =	Articulation + supporting structures.
Jugum	A bridge between 2 halves of a bone <i>pl. juga</i> as in Sphenoid.
Kyphosis	Collapse of vertebral body(ies) causing sharp convexity of the spine.
Lacerum	Something lacerated, mangled or torn e.g. foramen lacerum a small sharp hole at the base of the skull. This often tears tissues.
Lacrimal	Related to tears and tear drops. (<i>noun lacrima</i>).
Lambda	From the Greek letter a capital 'L' and written as an inverted V. (<i>adj.- lambdoid</i>) and used to name the point of connection b/n the 3 skull bones Occipital and Temporals.
Lamellar bone =	Haversian system. Bone with sheets of concentric collagen fibres around Haversian canals in compact bone.
Lamina	A plate as in the lamina of the vertebra, a plate of bone connecting the vertical and transverse spines (<i>pl. laminae</i>).
Ligament	A band of tissue which connects bones (articular ligaments) or viscera - organs (visceral ligaments). A Ligament is a tie or a connection. Originally <i>sing. ligamentum pl. ligamenta</i> from ligate or to tie up is generally composed of collagen fibres. <i>See classification of ligaments.</i>
	
Linea	A line as in the Nuchal lines of the Occiput/Occipital bone.
Lingual	Pertaining to the tongue.
Lipping	Bone projecting over the usual margin, excessive production generally pathological as in osteoarthritis, may interfere with joint movement.
Locus	A place (<i>c.f. location, locate, dislocate</i>).
Lordosis	Increased cervical and/ or lumbar curve also called 'sway back'.
Magnum	Large <i>pl. magna</i> .
Malleus	Hammer (as in the ear ossicle).
Mandible	From the verb to chew, hence, the movable lower jaw; <i>adj.- mandibular</i> .
Mastoid	A breast or teat shape - mastoid process of the Temporal bone.
Maxilla	The jaw-bone; now used only for the upper jaw; <i>adj.- maxillary</i> .
Meatus	A short passage; <i>adj.- meatal</i> as in external acoustic meatus connecting the outer ear with the middle ear.
Meniscus	<i>Gk. crescent.</i>
Mental	Relating to the chin (mentum = chin, not mens = mind).
Meta	An extension of: cf. metacarpal = extension of the wrist.
Metaphysis =	Epiphysis The slightly expanded end of the shaft of a bone. (<i>pl. metaphysis</i>).
Neurocranium	The neurocranium refers only to the braincase of the skull.
Notch	An indentation in the margin of a structure.
Nucha	The nape or back of the neck <i>adj.- nuchal</i> .
Occiput	The prominent convexity of the back of the head Occipitum = ccipital bone <i>adj.- occipital</i> .
Oculus	An eye <i>adj.- ocular pl oculi</i>
Odontoid	Relating to teeth, toothlike. <i>See Dens.</i>

Ontogeny	The development of an individual growth pattern.
Orbit	A circle; the name given to the bony socket in which the eyeball rotates; adj.- orbital.
Orifice	An opening.
Os	A bone or pertaining to bones adj.- osseus.
Ossicle	A small bone as in the ear ossicles: stapes (stirrup), incus (anvil) and malleus (hammer).
Osteitis	Inflammation of the bone.
Osteoblasts	Bone cells capable of dividing and laying down matrix - 'baby' osteocytes
Osteochondroma	Bone & cartilagenous tumour benign often arising in the ephyseal plate or line & protrude at right angles, common & asymptomatic.
Osteoclasts	Multinuclear cells which resorb or phagocytose bone = resorption of bone = Giant cells.
Osteocytes	Bone cells incapable of dividing but maintain the extracellular matrix of the bone.
Osteogenesis	Formation and growth of bone.
	
Osteoma	Tumour of the bone tissue.
Osteomalacia	Disease of softening of the bones / Paget's disease. Affects the skull, causing it to enlarge with thick soft bone.
Ostium	A door, an opening, an orifice.
Otic	Pertaining to the ear.
Ovale	Oval shaped.
Palate	A roof adj.- palatal or platatine.
Parietal	Pertaining to the outer wall of a cavity from paries, a wall.
Parotid	Pertaining to a region beside or near the ear (par - otic)
Pars	A part of / nearby (adj.- para)
Pecten	A comb.
Perikymata	Transverse ridges and the grooves on the surfaces of teeth
Periosteum	Layer of fascial tissue (connective tissue) on the outside of compact bone not present on articular (joint) surfaces. <i>See endostium.</i>
Periostitis	Inflammation on the outer surface of the bone.
Periostosis	Abnormal growth of long bones on their outer surfaces.
Petrous	Pertaining to a rock / rocky / stoney adj.- petrosal.
Phalanx	Pertaining to flanks of soldiers - phalanges a row of soldiers used for a row of fingers or toes.
Planar joints	Joints which allow for sliding across the joint as in the wrist, foot and ribs movement in one plan.
Pneumatic	Air filled <i>see Classification of Bones.</i>
Pollex	Thumb.
Process	A general term describing any marked projection or prominence as in the mandibular process.

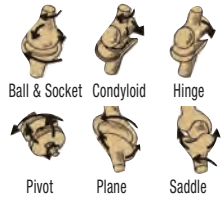


The A to Z of the Head & Neck

Prominens	A projection.
Pseudoarthrosis	False or new joint due to the nonhealing of a fracture.
Pterion	A wing; the region where the tip of the greater wing of the sphenoid meets or is close to the parietal, separating the frontal from the squamous region of the temporal bone. (TERY-on) Alternatively the region where these 4 bones meet.
Pterygoid	Wing shaped.
Pubis	Hairy, that part of the hip bone with hair over the surface adj.- pubic pl. pubes.
Ramus	Branch as in the superior pubic ramus the superior or higher branch of the pubic bone (Pubis).
Recess	A secluded area or pocket; a small cavity set apart from a main cavity.
Rectus	Straight - erect.
Ridge	Elevated bony growth often roughened.
Rotundum	Round.
Sagittal	An arrow, the sagittal suture is notched posteriorly, making it look like lightning arrows.
Scoliosis	A deviation from the vertical plane of the Vertebral column laterally (as opposed to exaggeration of vertical curves in kyphosis and lordosis).
Sella	A saddle; adj.- sellar , sella turcica = Turkish saddle.
Sesamoid	Grainlike.
Sigmoid	S-shaped, from the letter Sigma which is S in Greek.
Sinus	A space usually within a bone, lined with mucous membrane, such as the frontal and maxillary sinuses in the head. A modified BV usually vein, with an enlarged lumen for blood storage & containing no or little muscle in its wall. Sinuses may contain air, venous or arterial blood, lymph or serous fluid depending upon location & health of the subject adj.- sinusoid.
Skull	The skull refers to all of the bones that comprise the 'head'.
Spheno-	A wedge i.e. the Sphenoid is the bone which wedges in the base of the skull between the unpaired frontal & occipital bones adj.- sphenoid.
Spine	A thorn adj.- spinous descriptive of a sharp, slender process/protrusion.
Splanchocranium	The splanchocranium refers to the facial bones of the skull.
Stylos	An instrument for writing hence adj.- styloid a pencil-like structure.
Sulcus	Long wide groove often due to a BV indentation.
Sustenaculum	A supportive structure as in the sustenaculum tali = a structure which supports the Talus in the foot.
Suture	The saw-like edge of a cranial bone that serves as joint b/n bones of the skull.
Symphysis	A cartilagenous joint or a growth with bone-cartilage-bone. <i>See Classification of Joints.</i>
Syn-	Together i.e... the close proximity of or fusion of 2 structures.
Syndesmosis	Tight inflexible joints b/n 2 bones little to no movement. Many axial joints are of this type.



Synostosis Fusion of any joints.
Synovial joints Any moveable joint with synovial fluid b/n the 2 opposing bones - most moving joints are synovial.
Tectum A roof.
Tegmen A covering.
Temporal Refers to time and the fact that grey hair (marking the passage of time) often appears first at the site of the temporal bone.



Tendon A tie or cord of collagen fibres connecting muscle with bone (as opposed to articular **ligaments** which connect bone with bone).



Tentorium A tent.
Torus Protruberance *pl. tori*.
Trabecula A "little" beam i.e. supporting structure or strut *pl. trabeculae = spicule*.
Trephination The practice of making an artificial hole in the cranium practiced in many ancient religions used to relieve cranial pressure.
Trochanter Pertaining to a small wheel or disc. In the femur it is a large disc = shaped tuberosity.
Trochlea A pulley that part of the bone or ligamentous attachment that pulls the bone in another direction as in the elbow or the ankle (**adj.- Trochlear**).
Tubercle A small process or bump, an eminence.
Tuberculum A very small prominence, process or bump.
Tuberosity A large rounded process or eminence, a swelling or large rough prominence often associated with a tendon or ligament attachment.
Turbinate A child's spinning top, hence shaped like a top. An old term for the nasal conchae.
Tympanum A drum *pl. tympani*.
Ulna = Elbow or arm (**adj.- ulnar**)
Uncus A hook **adj.- uncinata**.
Wormian bone Extrasutural bone in the skull.
Zygoma A yoke, hence, the bone joining the maxillary, frontal, temporal & sphenoid bones **adj.- zygomatic**.

For more medical terms in this or other areas see the A to Z of Medical terms.

Anatomical planes and Anatomical positions

A = Anterior Aspect from the front = or / Posterior Aspect from the back.
Used interchangeably with ventral and dorsal respectively

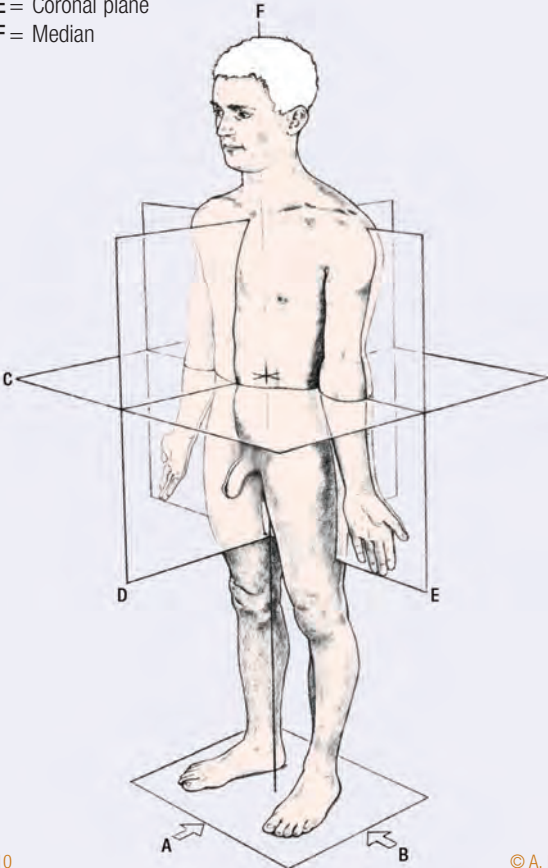
B = Lateral Aspect from either side

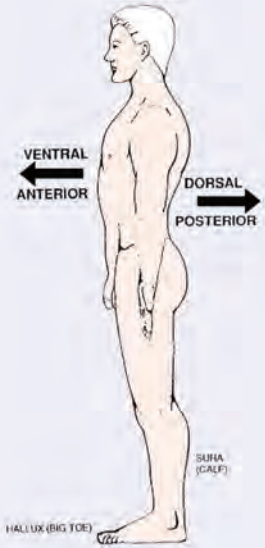
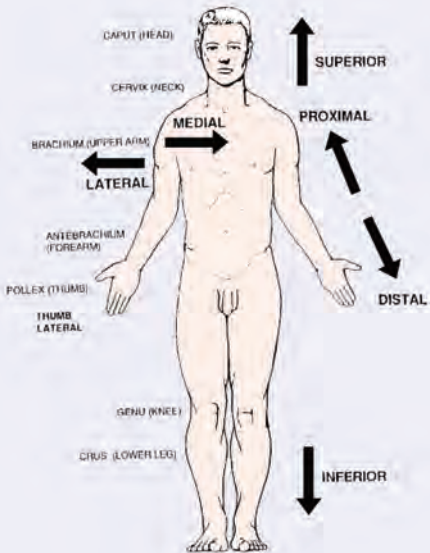
C = Transverse / Horizontal plane

D = Midsagittal plane = Median plane; trunk moving away from this plane = lateral flexion or lateral movement
plane medial movement;
limbs moving away from this direction = abduction
limbs moving closer to this plane = adduction

E = Coronal plane

F = Median





Movements of the Head & Neck



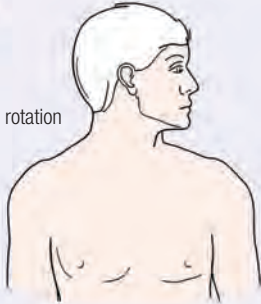
neck extension/hyper-extension



lateral flexion



lateral rotation



note: extension of the neck is in the normal anatomical position



lateral flexion - testing for mobility and spinal tenderness

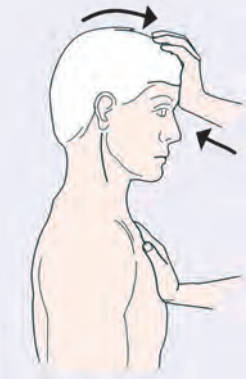
cervical flexion - testing for mobility and spinal tenderness



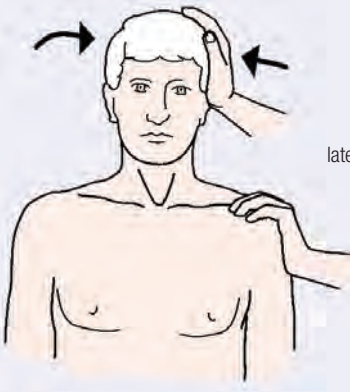
lateral rotation - testing for mobility and spinal tenderness



Movements of the Head & Neck Cont/



neck flexion - testing for strength against R



lateral flexion - testing for strength against R



extension / hyperextension -
testing for strength against R



lateral rotation - testing for
strength against R

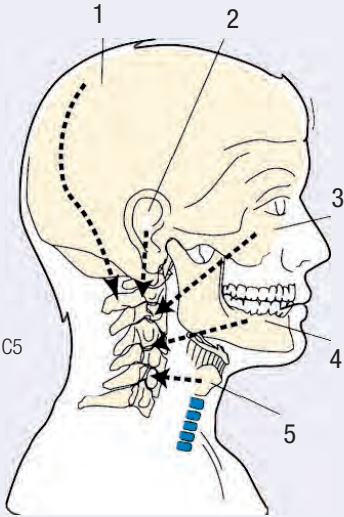


cervical traction - testing
for R and N irritation

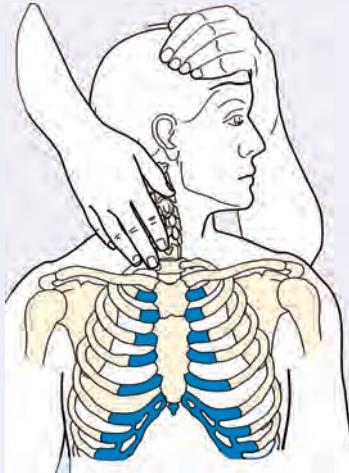
Movements of the Head & Neck Cont/

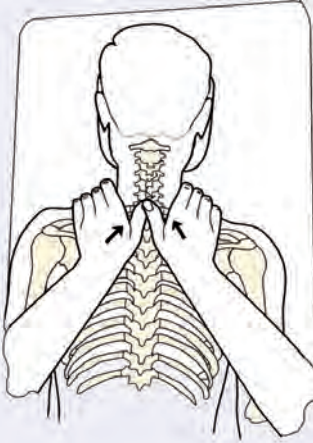
sites of referred pain in the cervical spine

- scalp (1) to SP of C2
- ear (2) to body of C2
- face (3) to C3
- jaw and teeth (4) to C3/4
- thyroid, cricoid cartilages (5) to C5

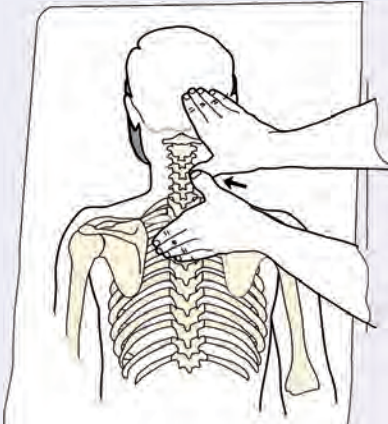


testing for mobility of C7/T1 and the first rib





examination for tenderness of the cervical spinous processes



examination for tenderness of the cervical transverse processes

The Skull & Neck

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Paranasal sinuses - see Sinuses	56
Sinuses - Coronal	56
radiology sinuses frontal , transverse	58

Cervical Spine Radiological Overview

Anterior-Posterior AP	60
Anterior-Oblique	62
Lateral	64

Articulations of the Skull bones

Bones	Paired	ear	eth	fro	hy	lac	min	max	nas	occ	pal	par	sphn	temp	vorn	zyg	C1 C2		
ear ossicles = ear	Yes																		
ethmoid = eth	NO																		
frontal = fro	NO																		
hyoid = hy	NO																		
lacrima = lac	Yes																		
mandible = min	NO																		
maxilla = max	Yes																		
nasal = nas	Yes																		
occipital = occ	NO																		
palatine = pal	Yes																		
parietal = par	Yes																		
sphenoid = sphn	NO																		
temporal = temp	Yes																		
vomer = vorn	NO																		
zygoma = zyg	Yes																		

Red spots indicate when there is an articulation or joint between the bones. Please note the hyoid does not articulate with any bones and the mandible articulates at the only synovial joint in the skull - the TMJ - temporomandibular joint. All other joints are secondary cartilaginous bone-fibrocartilage-bone.

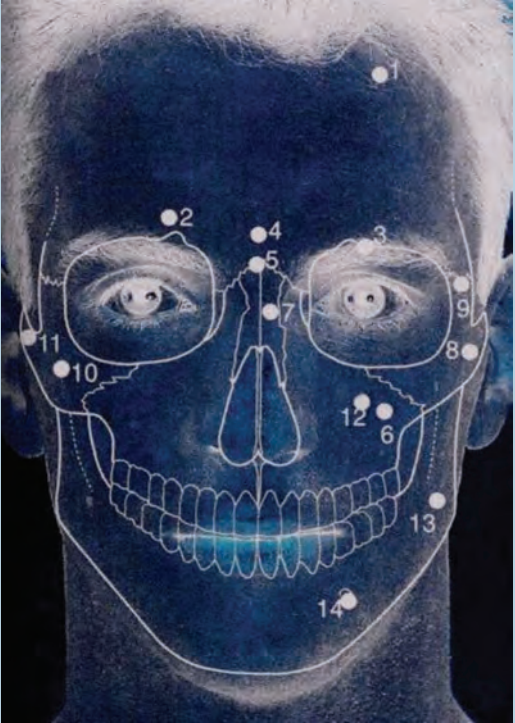
Skull Bones External Views

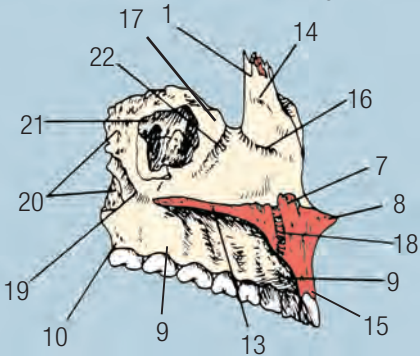
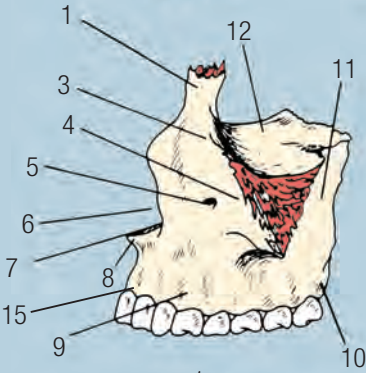
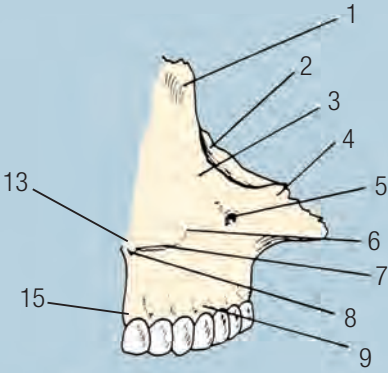
Face

Bones as they affect the face - surface projection

anterior

- 1 Frontal bone
- 2 Superciliary arch
- 3 Supra-orbital notch
- 4 Glabella
- 5 Nasion – fronto-nasal suture
- 6 Maxilla
- 7 Nasal bone
- 8 Zygoma
- 9 Fronto-zygomatic suture
- 10 Cheek prominence
- 11 Zygomatic arch
- 12 Infraorbital foramen
- 13 Angle of the jaw
- 14 Mental foramen





A **Nasal Bones and Cavity = NOSE**

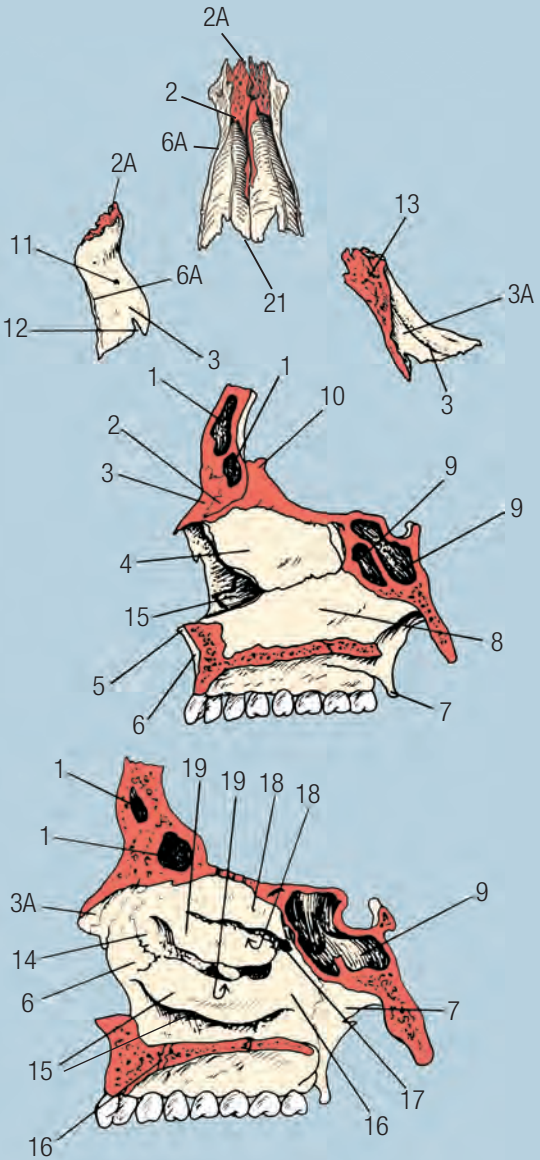
B *BONES external / internal / paired - posterior*

C *The NOSE consists of: - 2 small thin rectangular bones below the Glabella, the NASAL BONES; 2 lateral walls which house the 3 PAIRED*
 D *TURBINATES or CONCHAE; the MEDIAL SEPTUM - made up of the*
 E *VOMER and the ETHMOID bones and the many cartilages which determine the length and shape of the nose and nasal nares (nostrils).*

F *The cavity is surrounded by sinuses which open into it and superiorly by the Ethmoid plate allowing the OLFACTORY nerves to drop processes into the cavity. More details in the **A-Z of Surface Anatomy**.*

H Articulations:	<i>with Frontal superiorly</i>	<i>All 2°</i>
I	<i>with Lacrimal laterally</i>	<i>fibrocartilagenous joints</i>
J	<i>with itself medially</i>	
K	<i>with Ethmoid inferiorly</i>	
L SPECIAL FEATURES	<i>“articulates” with nasal cartilages anteriorly</i>	<i>BS in septum does not extend to cartilage</i>
M <i>superior & middle nasal conchae</i>	<i>parts of the Ethmoid bone</i>	
N <i>inferior nasal conchae</i>	<i>2 small snail like bones lying on top of Palantine bones</i>	

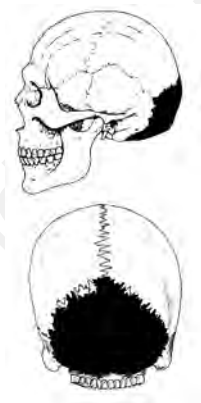
- | | |
|-----------------------------------------------|----------------------------------------------------------|
| P 1 Frontal sinus | 9 Sphenoidal sinus |
| Q 2 Nasal spine of frontal bone | 10 Crista Galli |
| R 2A Articulation with frontal bone | 11 Foramen for nasal vein |
| S 3 Nasal bone - external surface | 12 Notch for external nasal nerve |
| T 3A Nasal bone internal surface | 13 Articulation with other nasal bone |
| U 4 Perpendicular plate of ethmoid | 14 Lacrimal bone |
| V 5 Ant. nasal spine | 15 Inferior concha and meatus |
| W 6 Maxilla | 16 Palantine bone - perpendicular plate & incisive fossa |
| X 6A Articulation b/n Nasal bones and Maxilla | 17 Sphenopalantine meatus |
| Y 7 Sphenoid bone- (pterygoid plates) | 18 Superior concha and meatus |
| Z 8 Vomer | 19 Middle concha and meatus |

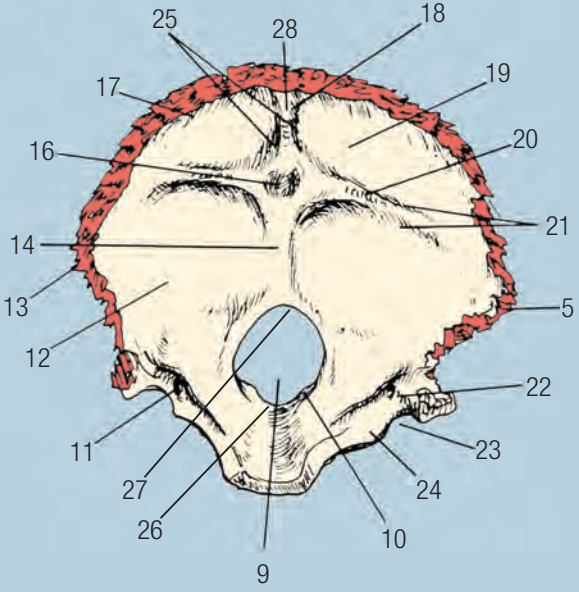
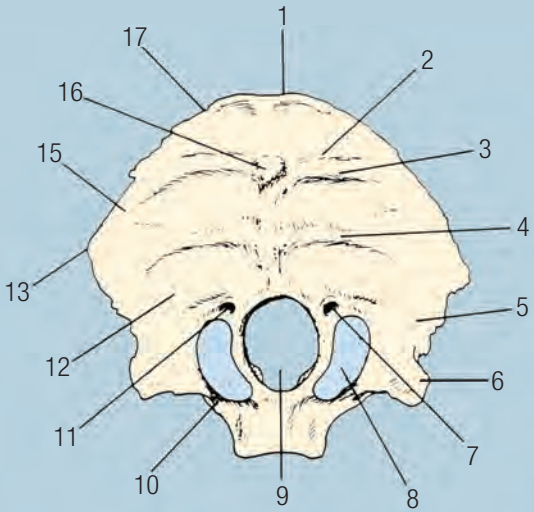


A **Occipital bone** *external / internal*

B	Articulations:	<i>with Sphenoid</i>	<i>anteriorly</i>
C		<i>with Vertebral Column</i>	<i>inferiorly</i>
D		<i>with C1</i>	<i>laterally</i>
E		<i>with C2</i>	
F	Special features	<i>large bowl-like bone with a hole at the infero-posterior portion of the skull</i>	

- G 1 Superior angle
H 2 Highest nuchal line
I 3 Superior nuchal line
J 4 Inferior nuchal line
K 5 Mastoid margin
L 6 Jugular process
M 7 Condylar fossa
N 8 Occipital condyle
O 9 Foramen magnum
P 10 Hypoglossal canal
Q 11 Condylar canal
R 12 Lateral surface
S 13 Lateral angle
T 14 Occipital crest (internal)
U 15 Squamous surface
V 16 Occipital protuberance (internal)
W 17 Lambdoid margin
X 18 Groove for superior sagittal sinus
Y 19 Posterior cerebral fossa / occipital fossa
Z 20 Groove for transverse sinus
21 Attachment for tentorium cerebelli
22 Groove for sigmoid sinus
23 Jugular notch
24 Jugular tubercle
25 Attachments for falx cerebri
26 Opisthion
27 Basion
28 Occipital sulcus - sagittal sinus





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A **Palate**

B *Inferior view - looking up into the palate - roof of the mouth*

C *Maxilla + Upper Teeth + Palatine bones*

D 1 Nasopalatine NS emerging from the incisive
E foramen (alveolare)

F 2 Greater palatine NS emerging from the greater
G palatine foraminae

H 3 Lesser palatine NS emerging from the lesser
I palatine foraminae

J 4 Hard palate

K 5 Soft palate

L 6 Nasal process

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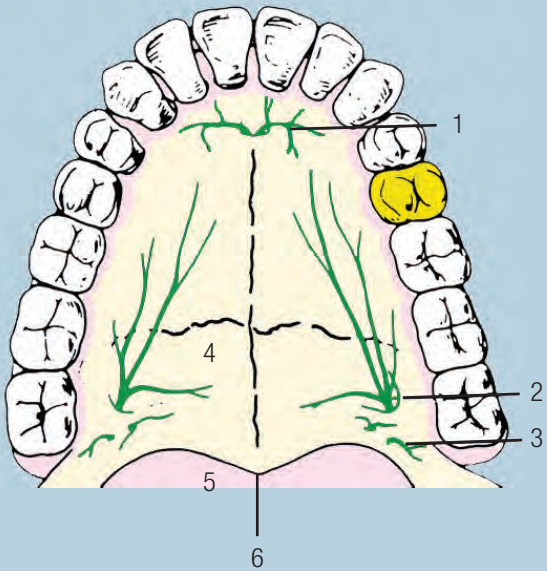
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A Palatine bones (Left)

B *sagittal / medial / anterior / posterior*

C <i>Articulations:</i>	<i>mainly with the upper jaw (Maxilla) and the Sphenoid joints</i>	<i>2^o fibrocartilagenous</i>
E <i>Special features</i>	<i>L-shaped bones - forms the floor of the nasal cavity</i>	

H 1 Perpendicular plate - vertical plate

I 2 Palato-maxillary suture

J 3 Maxilla

K 4 Orbital process

L 5 Spheno-palatine notch

N 6 Sphenoidal process -

O 6A Pterygo-palatine canal

P 7 Horizontal plane

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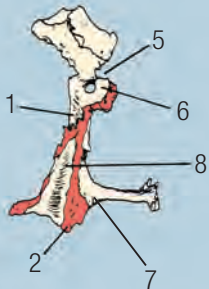
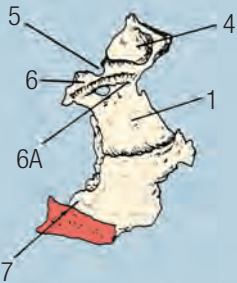
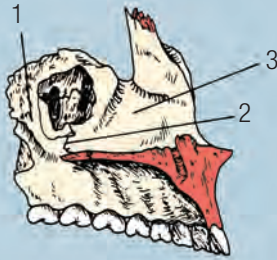
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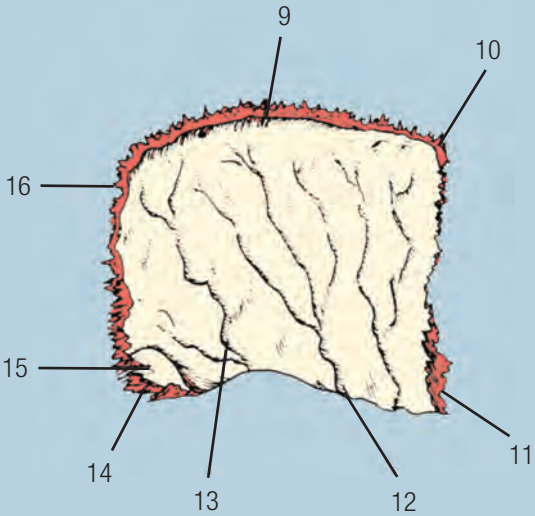
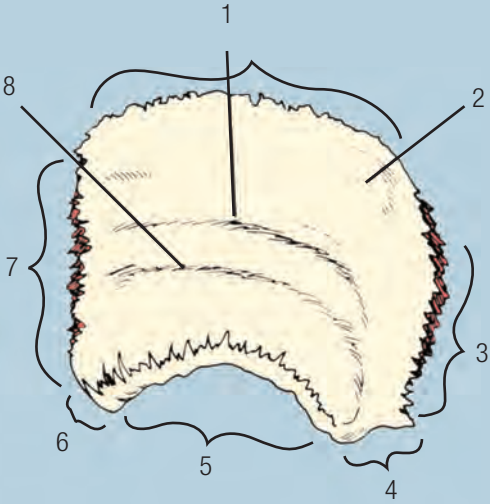
A Parietal bone (Left)

B *external / internal*

C	Articulations:	<i>with the Frontal - anteriorly</i>	<i>All 2°</i>
D		<i>with the Temporal - inferiorly</i>	<i>fibro - cartilagenous joints</i>
E		<i>with the Occipital - posteriorly</i>	
F	Special features	<i>large square bone - largest of the cranial vault - even thickness all 4 corners make up the basis of the fontanelles in the infant</i>	

- I 1 Superior temporal line
- J 2 Parietal eminence
- K 3 Articulation with the occipital bone (lambdoid suture)
- L 4 Articulation with the temporal bone (mastoid)
parieto-mastoid suture
- M 5 Articulation with the temporal (squamous)
temporo-parietal suture
- N 6 Articulation with the sphenoid (greater wing)
spheno-parietal suture
- P** 7 Articulation with the frontal bone coronal suture
- Q 8 Inferior temporal line
- R 9 Articulation between parietal bones sagittal suture
- S 10 Frontal angle
- T 11 Sphenoidal angle
- U 12 Groove for frontal branch of middle
meningeal vessels
- V 13 Groove for parietal branch of middle
meningeal vessels
- W 14 Mastoid angle
- X 15 Groove for sigmoid sinus
- Y 16 Occipital angle
- Z 17 Groove for superior sagittal sinus





A Sphenoid

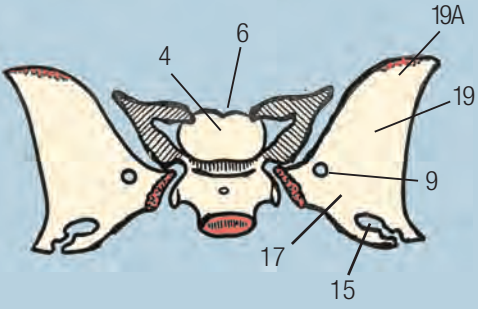
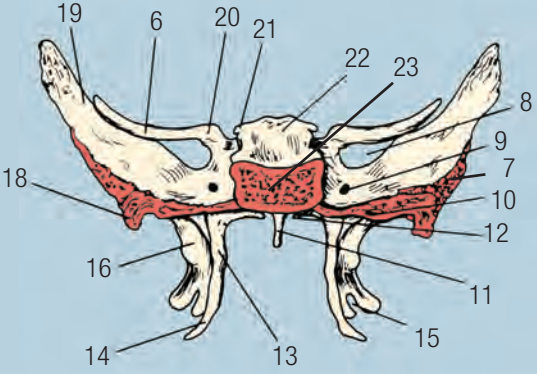
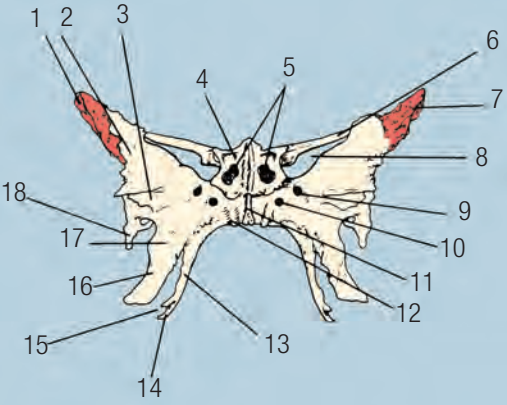
B *anterior / posterior / schema - development*

C *A single wedge-shaped bone consisting of four parts: the central body; the lateral greater wings, the medial lesser wings and the lower pterygoid plates. The bone looks like a bat in flight and is the centre piece of the skull.*

- E 1 Articulation with L temporal bone
- F 2 Orbital surface
- G 3 Infratemporal crest
- H 4 Body of the sphenoid
- I 5 Openings for sphenoidal sinuses
- J 6 Lesser wing (come across and meet to form jugum)
- K 7 Squamosal suture - articulation with R Temporal bone
- L 8 Superior orbital fissure
- M 9 Foramen rotundum
- N 10 Pterygoid canal
- O 11 Rostrum
- P 12 Vaginal process
- Q 13 Medial pterygoid plate
- R 14 Pterygoid hamulus
- R 15 Pterygoid notch
- S 16 Lateral pterygoid plate
- T 17 Pterygoid process
- T 18 Sphenoid spine
- U 19 Greater wing
- V 19A Cerebral surface of the greater wing
- W 20 Anterior clinoid process
- X 21 Posterior clinoid process
- Y 22 Dorsum sellae
- Z 23 Articulation with occiput



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A **Teeth** Overview

B *There are many different methods used to name teeth, define their positions and dentitions and describe their surfaces. This overview shows the 1o & 2o dentitions, describes their positions and tooth types using some of the better known methods.*

D *Teeth are labeled XY on the Left and Right - X is the quadrant of the teeth and dentition type - adult or child - Y is the tooth type (devised by the Federation Dentaire Internationale).*

F 1 Maxillary upper right quadrant - adult

G 2 Maxillary upper left quadrant - adult

H 3 Mandibular lower left quadrant - adult

I 4 Mandibular lower right quadrant - adult

J 5 Maxillary upper right quadrant - child

K 6 Maxillary upper left quadrant - child

L 7 Mandibular lower left quadrant - child

M 8 Mandibular lower right quadrant - child

N 1 Central Incisor

O 2 Lateral Incisor

P 3 Canine

Q 4 First Pre-molar

R 5 Second Pre-molar

S 6 First Molar

T 7 Second Molar

U 8 Third Molar

V A Palatal - upper tooth surface facing the inside of the mouth

W B Buccal - any tooth surface facing the cheek

X C Mesial - any tooth more anterior than the 1st molar

Y D Distal - all teeth behind the 1st molar

Z E Lingual - lower tooth surface facing the tongue

X F Occlusal - any tooth surface which abuts with another tooth-bite surface (shown surface)

Y G Labial - any tooth surface facing the lips

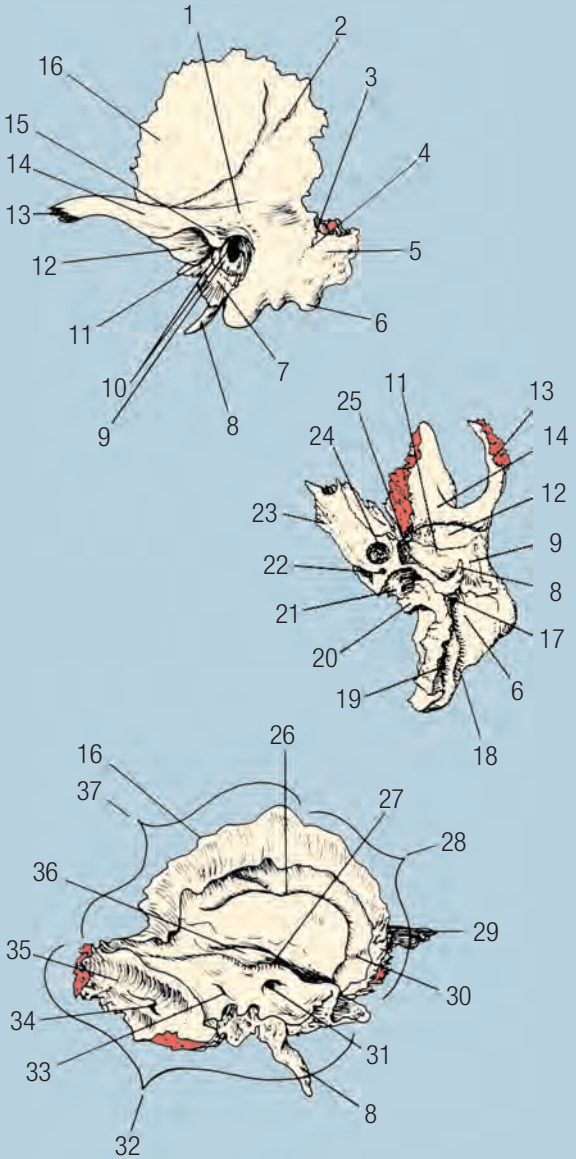
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A Temporal bone (Left) *external / inferior / internal*

B *Temporal = TIME. This bone shows first signs of aging - grey hair. It is involved in both the wall and the base of the skull. Temporal bones contain the auditory ossicles/ear bones & form the only joint with the mandible.*

- D** 1 Suprameatal triangle
- E** 2 Groove for middle temporal artery
- F** 3 Parietal notch
- G** 4 Squamo-mastoid suture
- H** 5 Mastoid area
- I** 6 Mastoid process
- J** 7 Sheath of styloid process
- K** 8 Styloid process
- L** 9 Tympanic part I
- M** 10 External acoustic meatus / anterior border (bony ear hole)
- N** 11 Tympanosquamosal (squamosotympanic) fissure
- O** 12 Mandibular fossa
- P** 13 Zygomatic process
- Q** 14 Articular tubercle
- R** 15 Postglenoid tubercle
- S** 16 Squamous part - squama
- T** 17 Stylomastoid foramen
- U** 18 Mastoid notch - digastric groove
- V** 19 Occipital groove
- W** 20 Jugular surface
- X** 21 Jugular fossa
- Y** 22 Canaliculus (opening) for tympanic nerve
- Z** 23 Petrous part
- 24 Carotid canal
- 25 Edge of tegmen tympani
- 26 Groove for the middle meningeal vessels
- 27 Groove for the superior petrosal sinus
- 28 Articulation with the greater wing of the sphenoid
spheno-temporal suture
- 29 Zygomatic process
- 30 Groove for the middle meningeal vessels
- 31 Internal acoustic meatus
- 32 Articulates with the occipital bone
- 33 Aqueduct of the vestibule
- 34 Mastoid foramen
- 35 Groove for sigmoid sinus - sigmoid sulcus
- 36 Arcuate eminence
- 37 Articulates with the parietal bone temporoparietal suture





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A **Temporo-Mandibular Joint = TMJ**

B *closed - lateral / medial*

C *open - sagittal*

D *(only SYNOVIAL joint in the skull).*

E **BS** *superficial temporal & maxillary arteries*

F **NS** *auriculotemporal & masseteric branches of mandibular branch of Trigeminal N (CN5)*

H **A** *depression/elevation, protrusion/retraction, lateral movements*

I 1 Fibrous capsule

J 2 Lateral TMJ lig

K 3 Stylomandibular lig

L 4 Mandible

M 5 Ant. Temporal attachment of meniscus

N 6 Meniscus

O 7 Ant. mandibular attachment

P 8 Condyle of mandible

Q 9 Posterior attachment

R 10 Sphenomandibular lig

R 11 Posterior temporal attachment

S 12 Lower joint compartment

T 13 Temporal bone

U 14 Upper compartment

V 15 Ext. auditory meatus

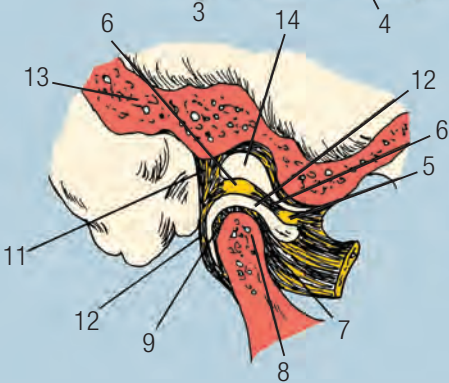
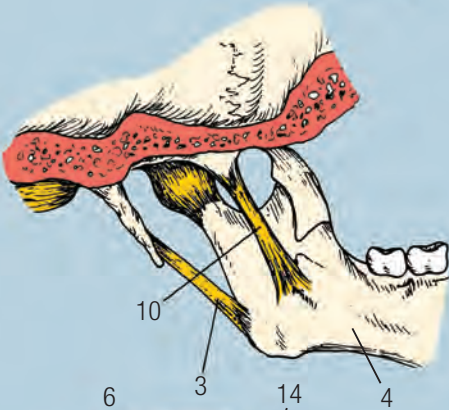
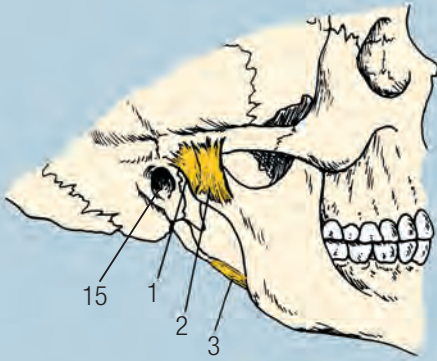
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A **Temporo-Mandibular Joint (TMJ)** *Lateral*

B *radiology*

C *Open - upper*

Shut - lower

D 1 Head of mandible – condylar process

E 2 Neck of the mandible

F 3 Coronoid process

G 4 Zygomatic arch

H 5 External auditory meatus + handle of the malleus

I 6 Articular cubicle

J 7 Tympanic plate

K 8 Mastoid process

L 9 Groove for posterior belly of digastric muscle

M 10 Mandibular fossa

N 11 Greater wing of the sphenoid (basal surface)

O 12 Lesser wing of the sphenoid

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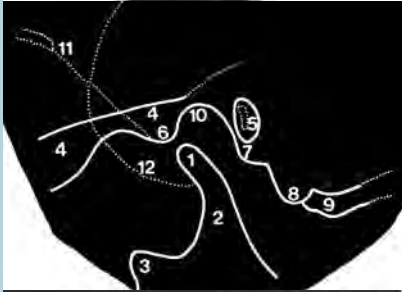
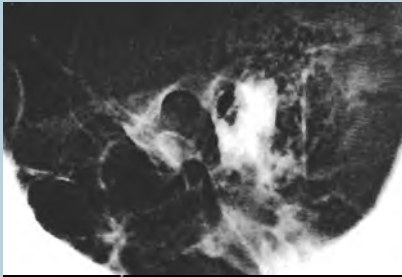
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A **Vertebrae** *Typical cervical C3-7*

B *superior*

C	Articulations:	<i>with vertebra above & below -2 unpaired joints 2 paired joints</i>	<i>VB -VB joints symphysis Spinous process joints syndesmosis paired zygapophyseal planar synovial paired TP joints fibrous sydesmosis</i>
H	Special features	<i>transverse foramen bifid spinous process small curved bodies</i>	

- K** 1 Body
- L** 2 Pedicle
- M** 3 Superior articular facet
- N** 4 Vertebral foramen
- O** 5 Lamina
- P** 6 Spinous process - **bifid***
- Q** 7 Post. tubercle of TP
- R** 8 **Transverse foramen***
- S** 9 Sulcus for peripheral N outlet
- T** 10 Anterior tubercle of TP

** only in cervical vertebrae*

V

W

X

Y

Z

A **Vocalis**

B *part of the muscles of phonation (voice production)*

C *Superior*

D Moves the arytenoid cartilages and changes the tension on the vocal cords

E **O** orbital surface (maxilla) inferior surface of thyroid cartilage
F cricothyroid ligament

G **I** vocal processes of the arytenoid cartilages

H **A** relaxes the vocal folds by protracting the arytenoid cartilages

I **NS** vagus N (CN X) recurrent laryngeal branch

J **BS** thyroids pharyngeal branches

K **T** ability to change voice tone

L **1** Arytenoid cartilage

M **2** Vocal cord

N **3** Thyroarytenoid

O **4** Thyroid cartilage

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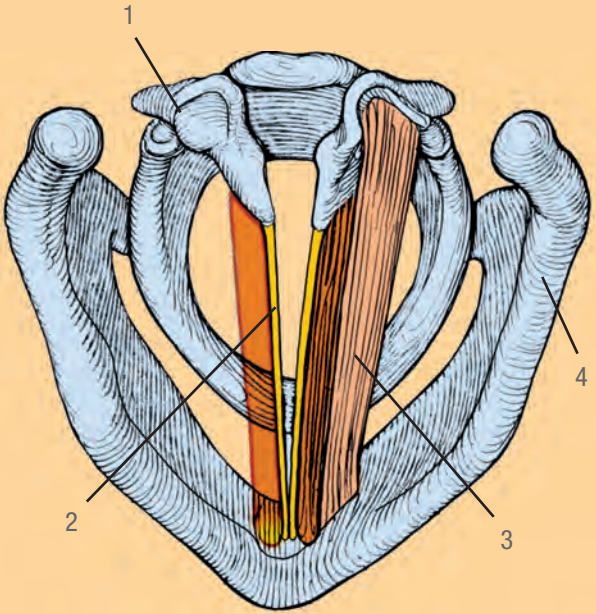
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A **Zygomaticus – Major, Minor**

B *part of muscles of facial expression*

C **Zygomaticus Major**

- D **O** Zygoma - cheekbone
I deep fascia at the angle of the mouth (modiolus)
E **A** draws mouth back smiling/laughing
F **NS** facial N (CN VII)
G **BS** facial
H **T** smile



O **Zygomaticus Minor**

- P **O** Zygoma - cheekbone
Q deep fascia of the upper lip
R **A** maintains nasolabial furrow - philtrum
S everts upper lip
T **NS** recurrent laryngeal N
U **BS** facial



Z *Often lost in cosmetic surgery i.e. no skin crease from nose to lips.*

